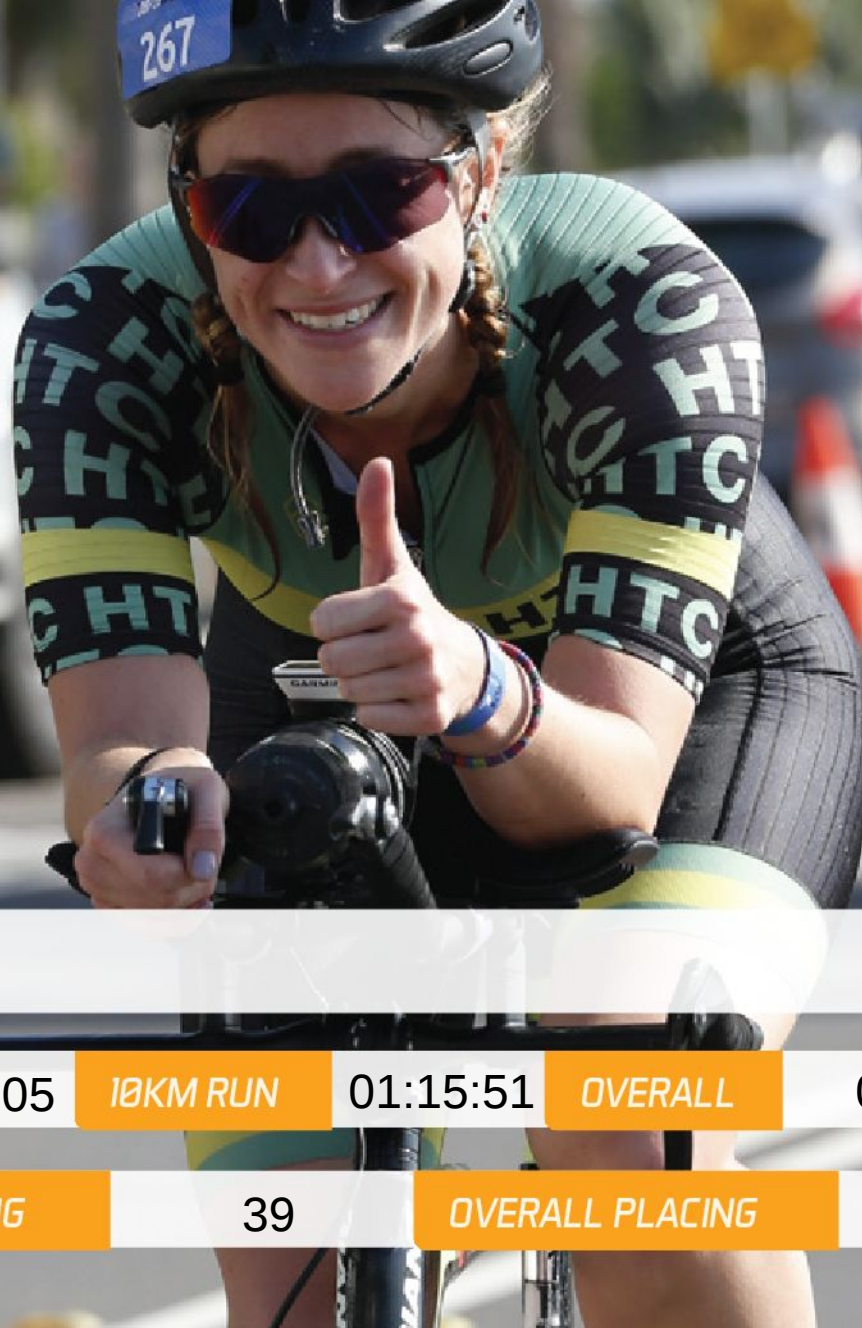




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

David CASTRO

1.5KM SWIM

00:38:26

40KM BIKE

01:30:05

10KM RUN

01:15:51

OVERALL

03:30:31

CATEGORY

35-39

CATEGORY PLACING

39

OVERALL PLACING

314

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

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Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish