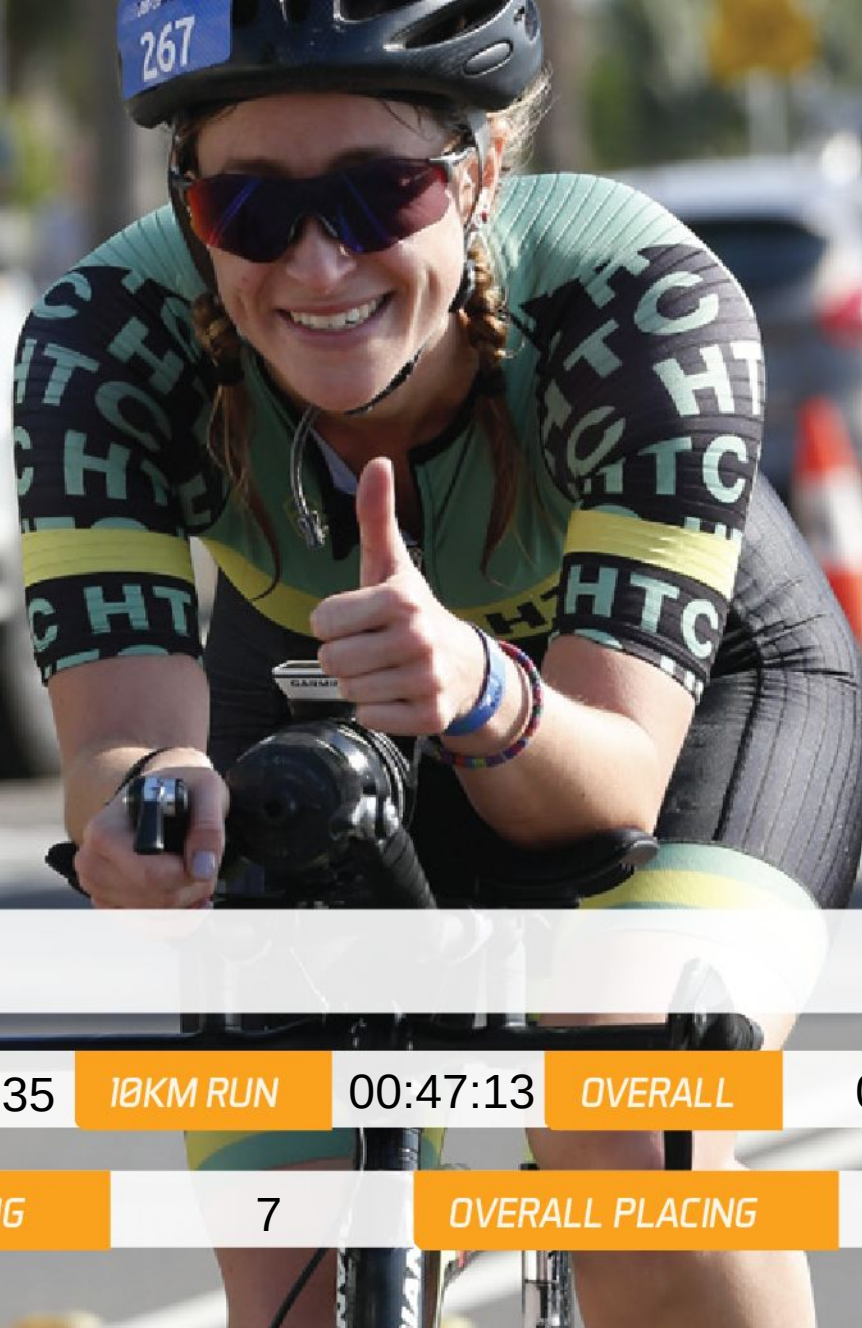




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Patrick D'ARCY

1.5KM SWIM

00:35:49

40KM BIKE

01:12:35

10KM RUN

00:47:13

OVERALL

02:41:02

CATEGORY

45-49

CATEGORY PLACING

7

OVERALL PLACING

107

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish