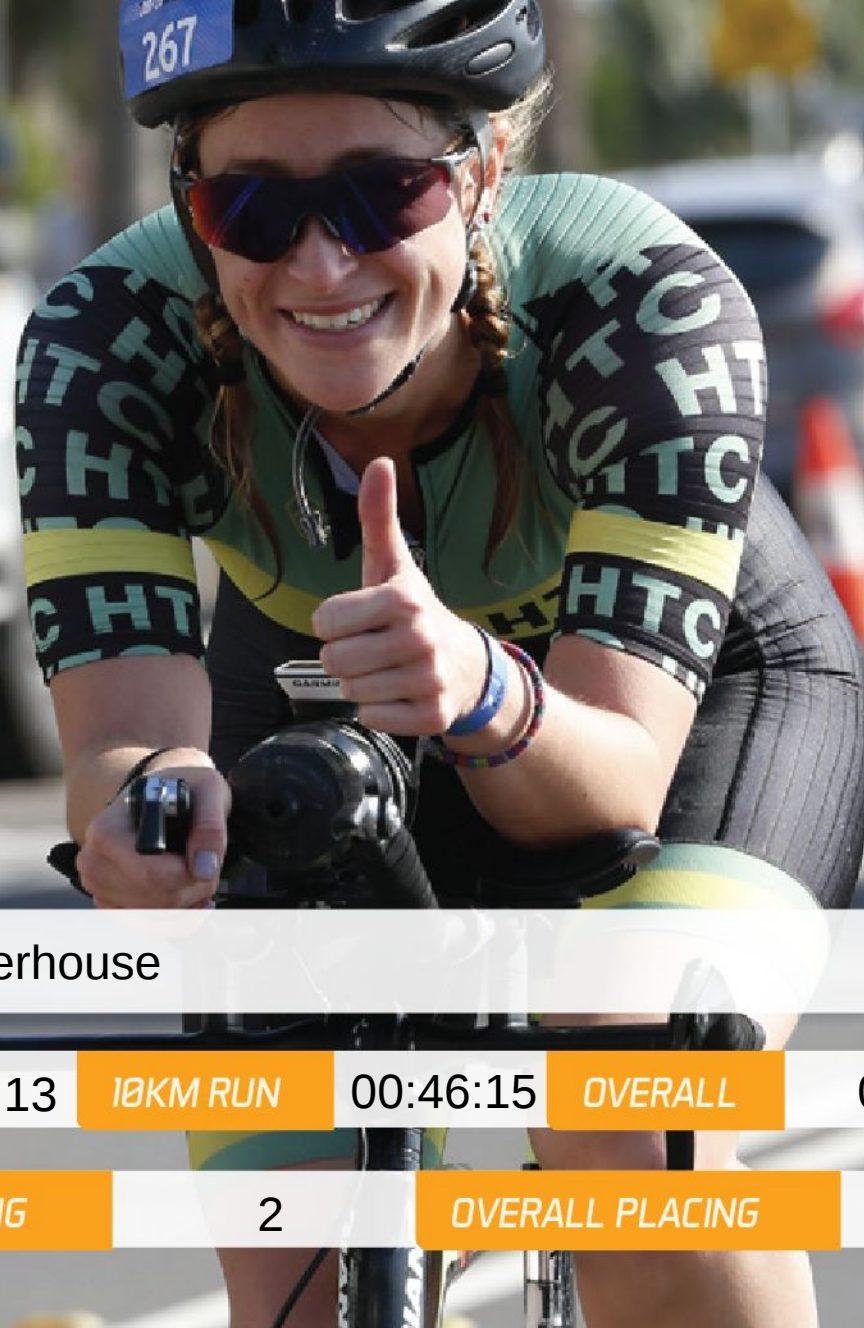




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

TEAM FilOz Powerhouse

1.5KM SWIM

00:34:13

40KM BIKE

01:05:13

10KM RUN

00:46:15

OVERALL

02:29:28

CATEGORY

Relay

CATEGORY PLACING

2

OVERALL PLACING

4

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Crafting your space

catfish