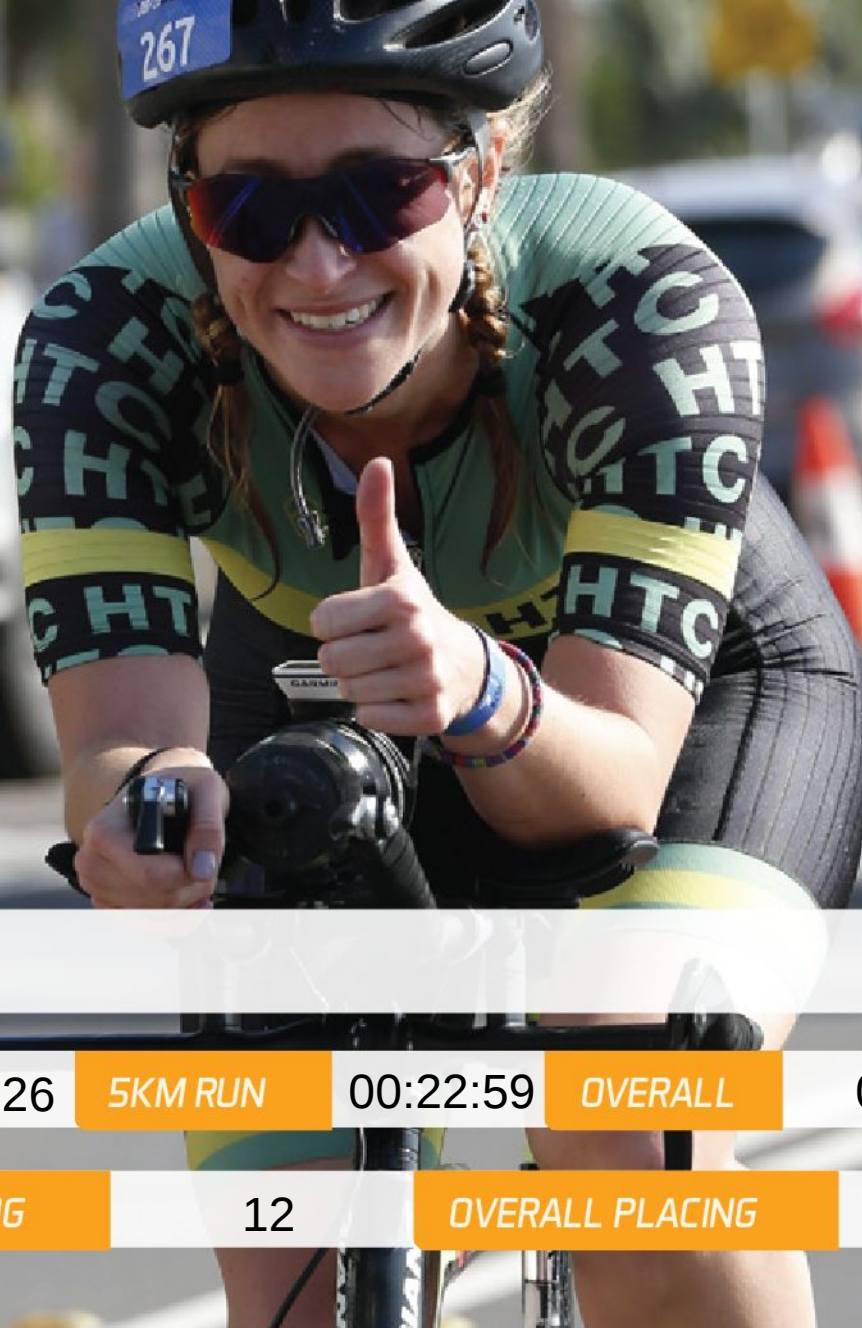




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Alex ROOKE

750M SWIM	00:17:11	20KM BIKE	00:37:26	5KM RUN	00:22:59	OVERALL	01:22:30
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CATEGORY	20-24	CATEGORY PLACING	12	OVERALL PLACING	93
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POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

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ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
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KIND

soto
Coughing required

>>>>>
catfish