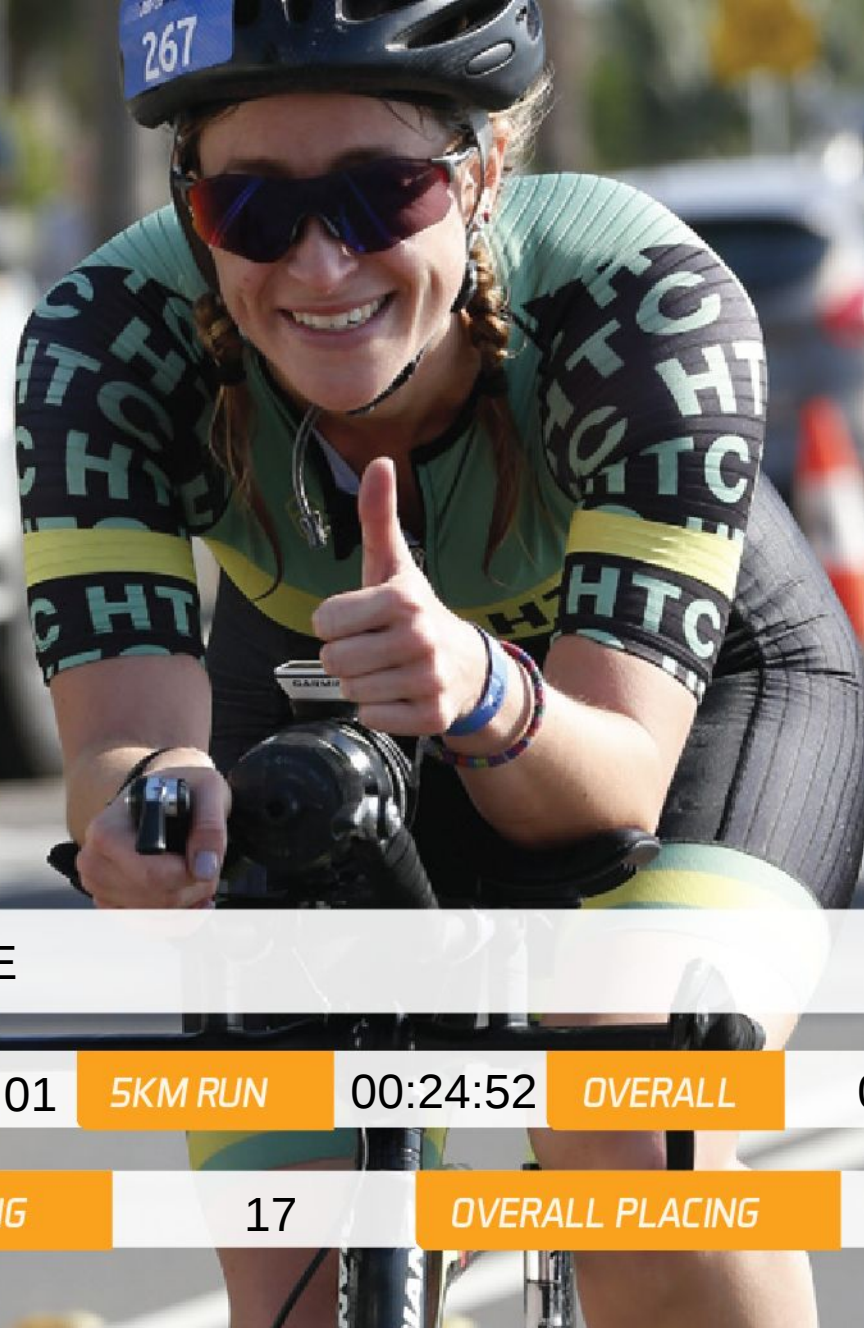




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Nicholas SAVAGE

750M SWIM

00:19:16

20KM BIKE

00:34:01

5KM RUN

00:24:52

OVERALL

01:23:18

CATEGORY

25-29

CATEGORY PLACING

17

OVERALL PLACING

107

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish