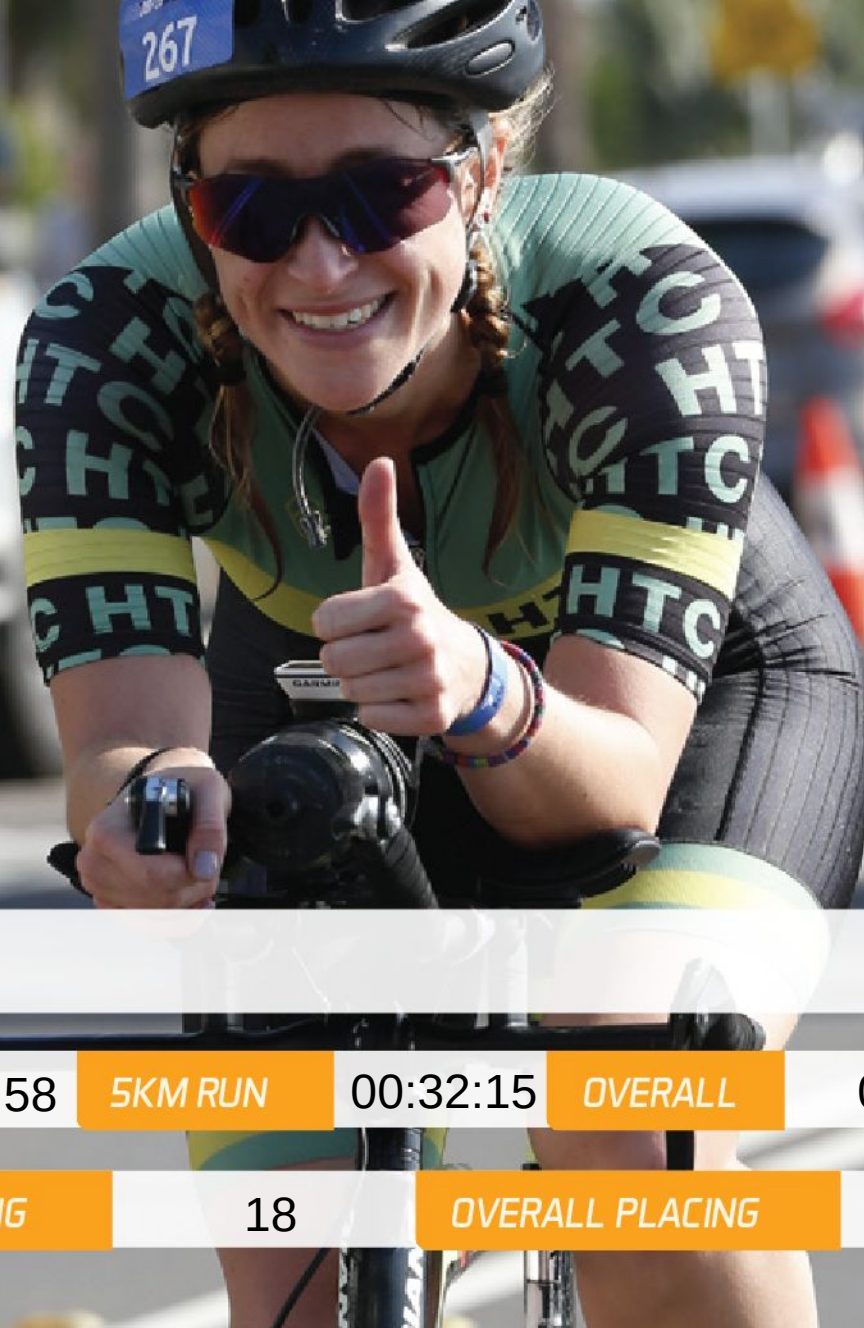




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Tristan SMITH

750M SWIM

00:17:27

20KM BIKE

00:37:58

5KM RUN

00:32:15

OVERALL

01:34:43

CATEGORY

40-44

CATEGORY PLACING

18

OVERALL PLACING

278

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish