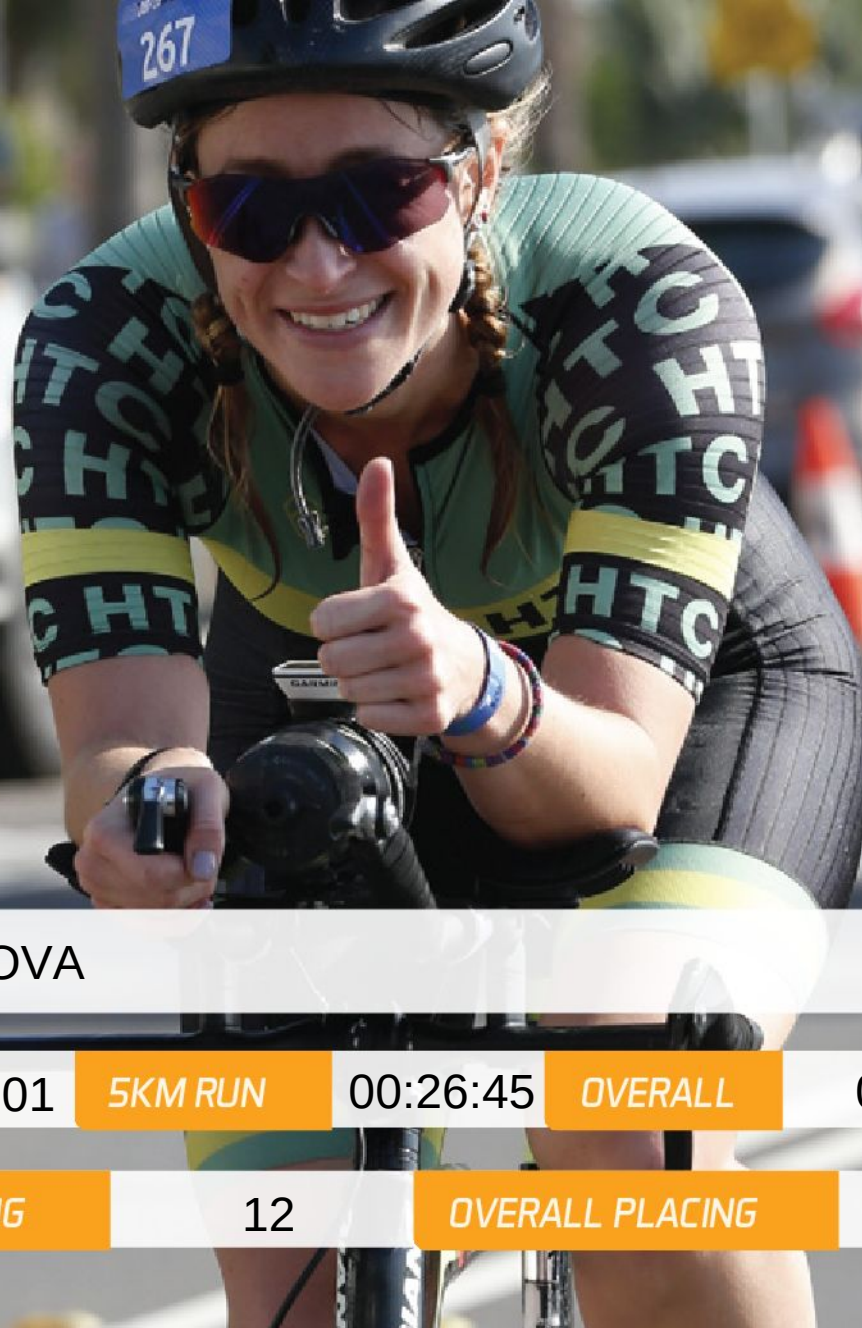




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Erin DELLA VEDOVA

750M SWIM	00:18:49	20KM BIKE	00:42:01	5KM RUN	00:26:45	OVERALL	01:32:52
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CATEGORY	30-34	CATEGORY PLACING	12	OVERALL PLACING	258
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POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
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NON-ALCOHOLIC BEERS

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KIND

soto
Coughing required

catfish