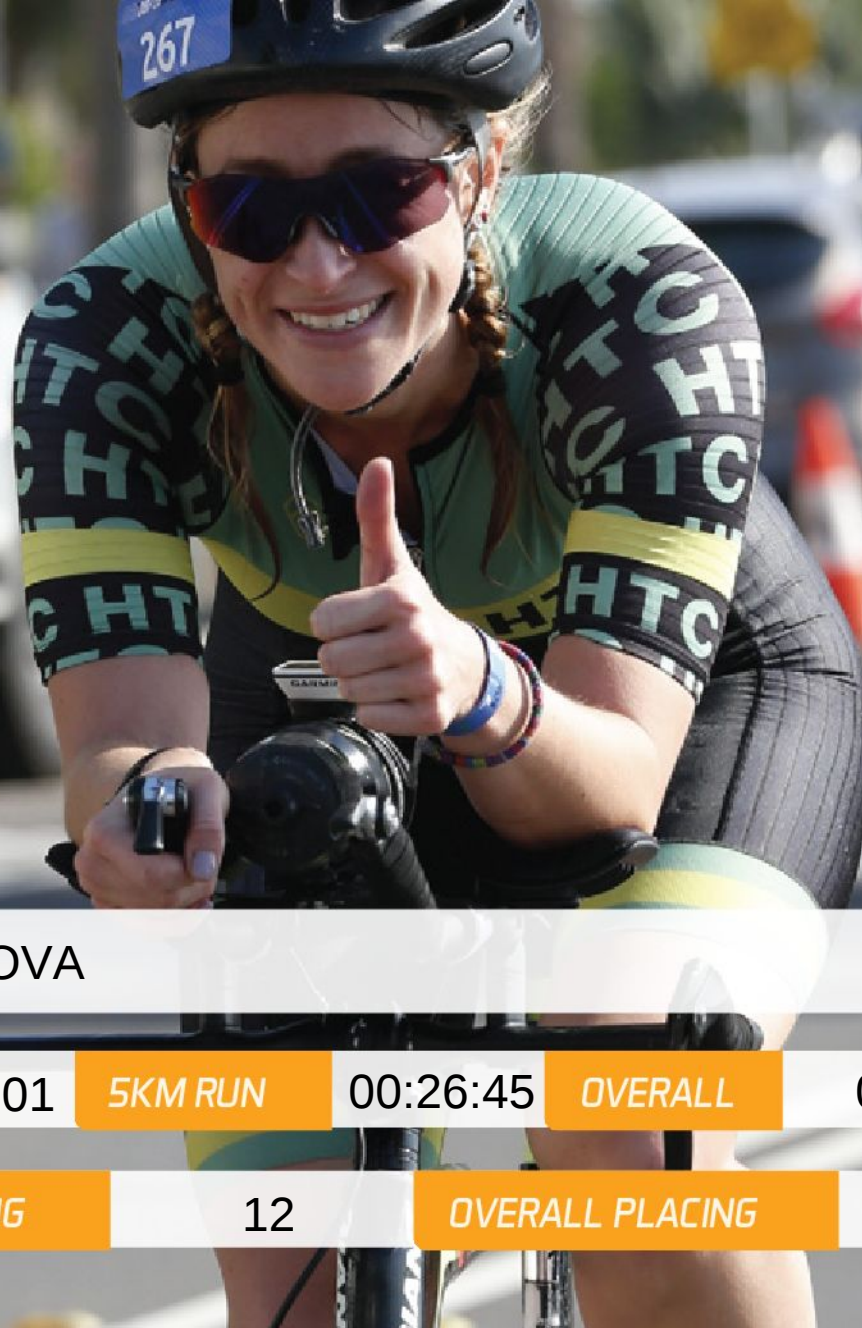




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Erin DELLA VEDOVA

750M SWIM

00:18:49

20KM BIKE

00:42:01

5KM RUN

00:26:45

OVERALL

01:32:52

CATEGORY

30-34

CATEGORY PLACING

12

OVERALL PLACING

258

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish