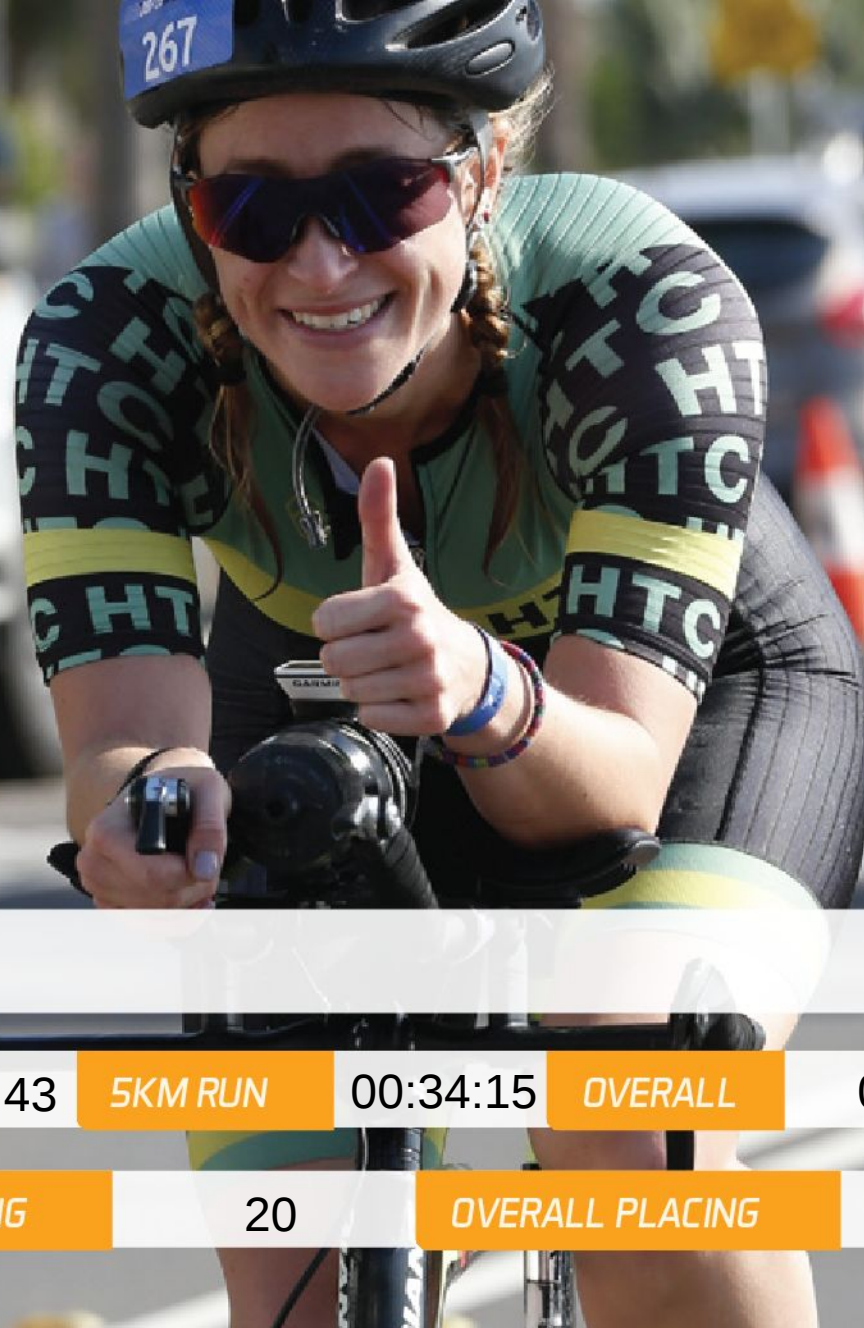




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Fiona KEATING

750M SWIM

00:19:57

20KM BIKE

00:41:43

5KM RUN

00:34:15

OVERALL

01:41:17

CATEGORY

30-34

CATEGORY PLACING

20

OVERALL PLACING

372

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
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NON-ALCOHOLIC BEERS

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KIND

soto
CRAFTING INSPIRATION

catfish