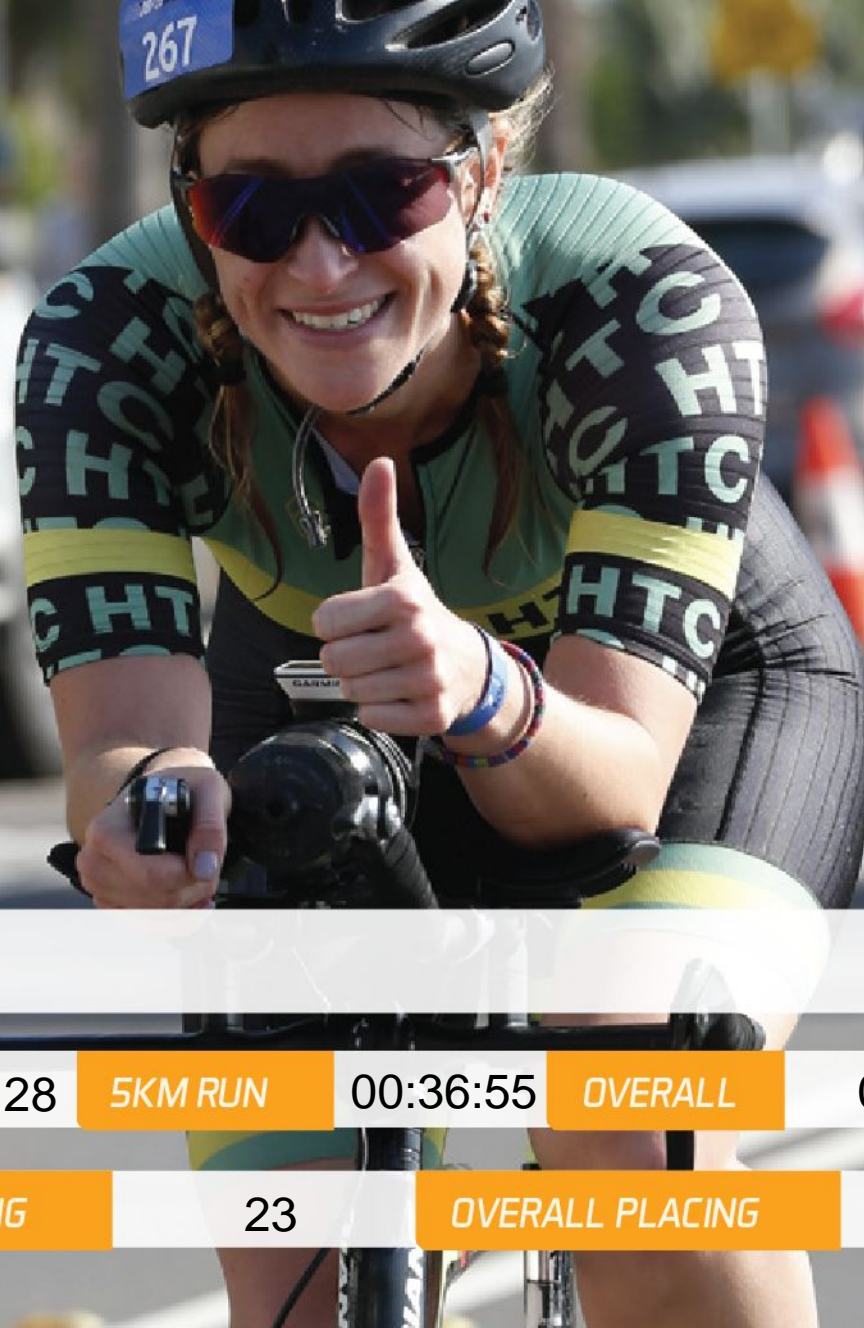




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Aryah LITTLE

750M SWIM

00:17:43

20KM BIKE

00:45:28

5KM RUN

00:36:55

OVERALL

01:46:04

CATEGORY

25-29

CATEGORY PLACING

23

OVERALL PLACING

417

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish