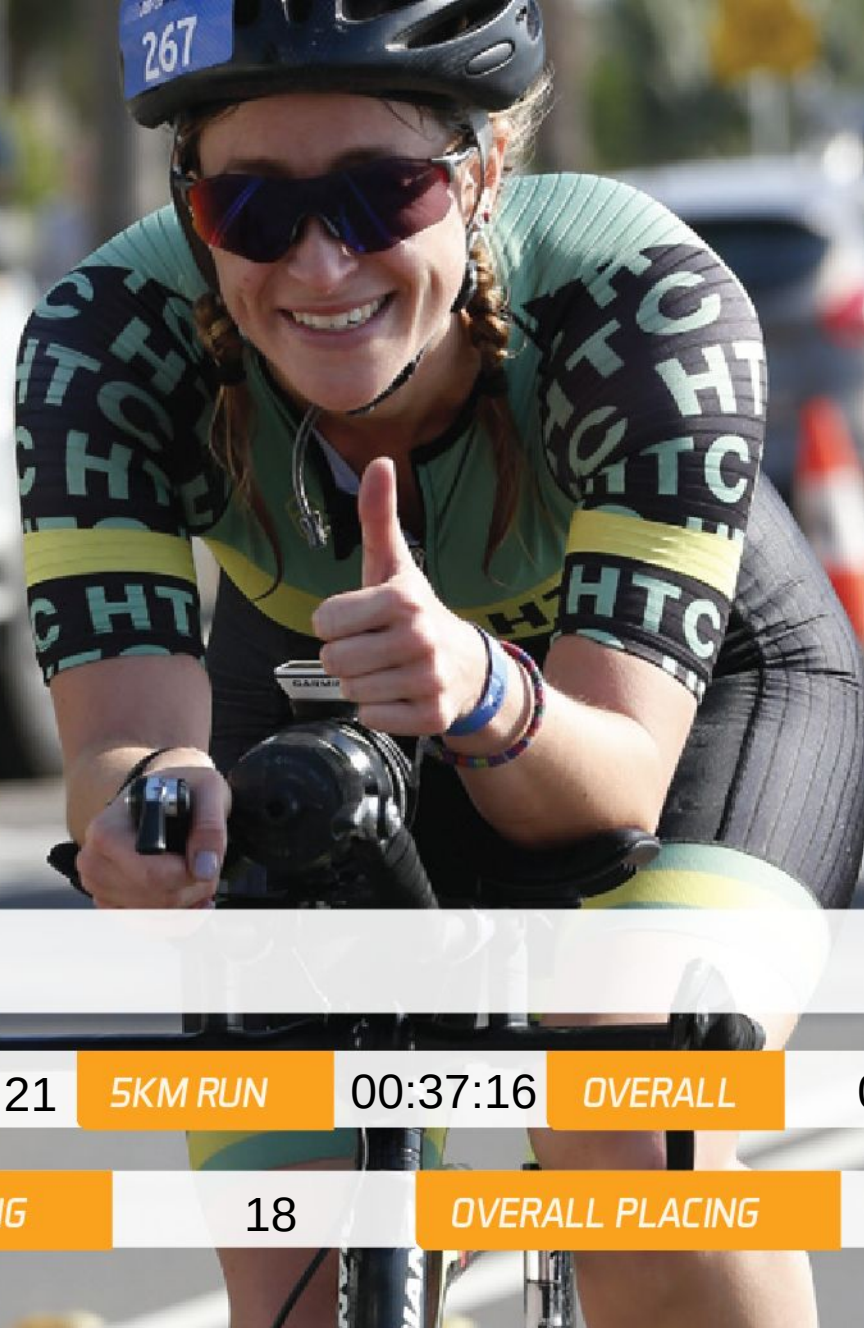




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Pamela SAVAGE

750M SWIM

00:21:20

20KM BIKE

00:45:21

5KM RUN

00:37:16

OVERALL

01:50:46

CATEGORY

40-44

CATEGORY PLACING

18

OVERALL PLACING

462

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish