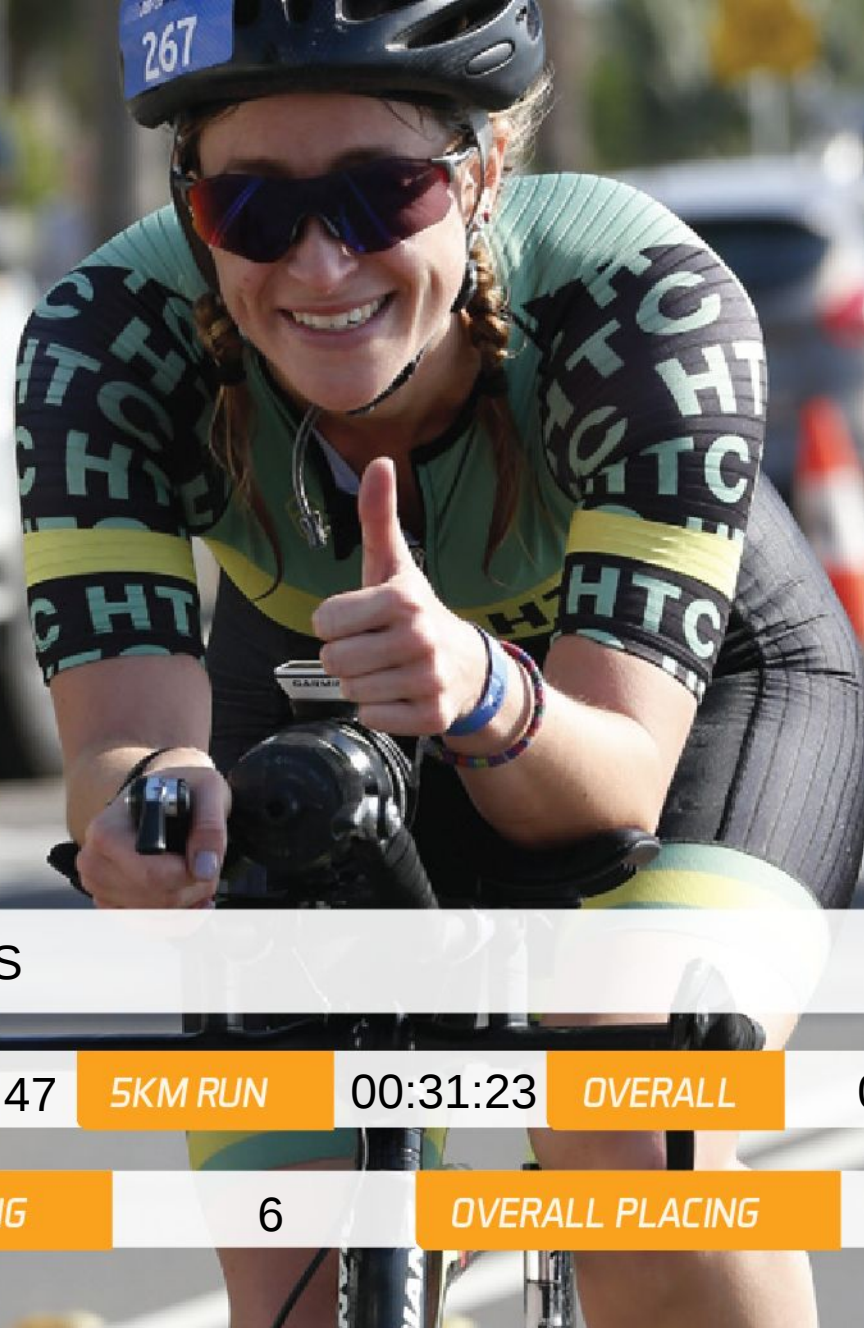




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Sharon WALTERS

750M SWIM

00:19:42

20KM BIKE

00:41:47

5KM RUN

00:31:23

OVERALL

01:39:59

CATEGORY

50-54

CATEGORY PLACING

6

OVERALL PLACING

347

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish