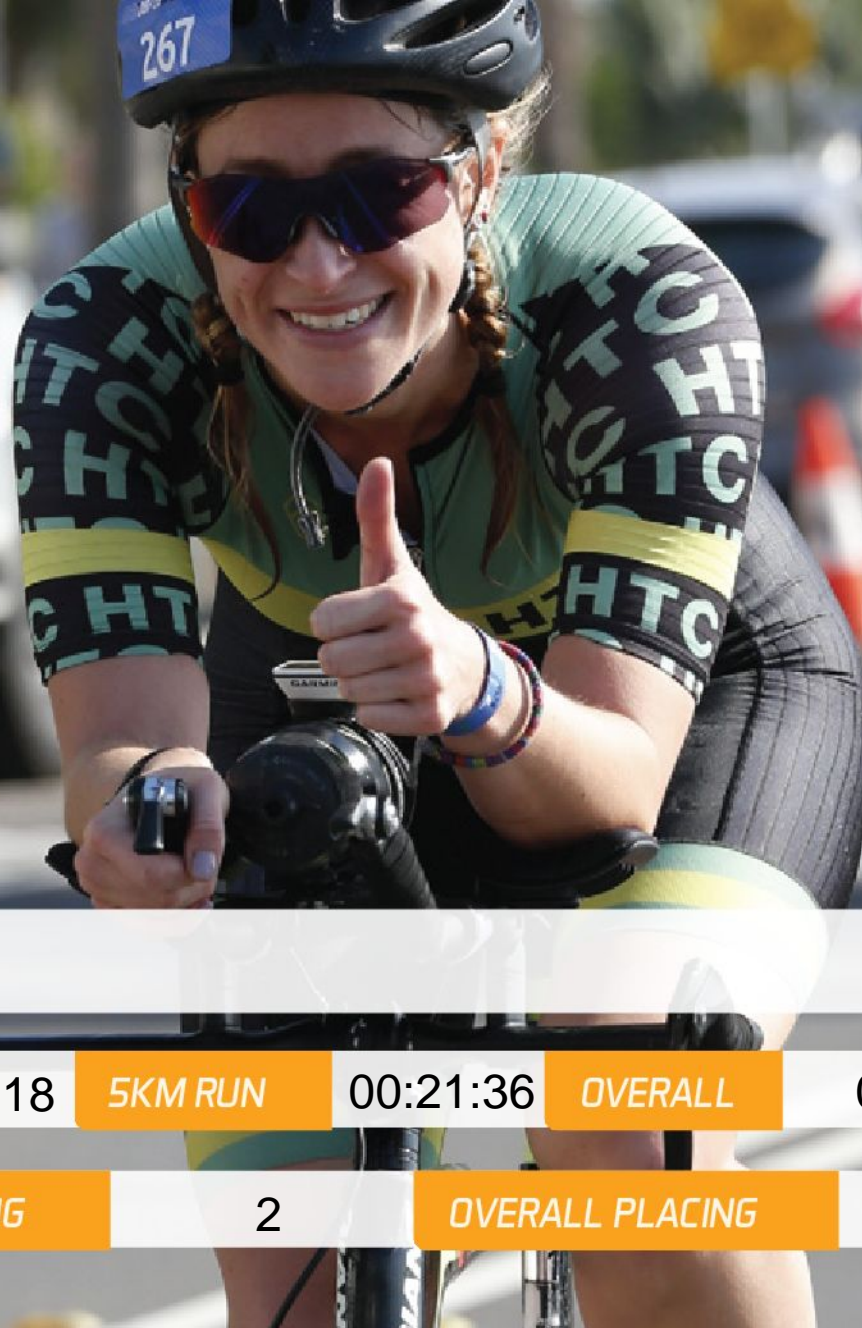




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Jack CALDWELL

750M SWIM

00:11:58

20KM BIKE

00:37:18

5KM RUN

00:21:36

OVERALL

01:14:35

CATEGORY

14-15

CATEGORY PLACING

2

OVERALL PLACING

26

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish