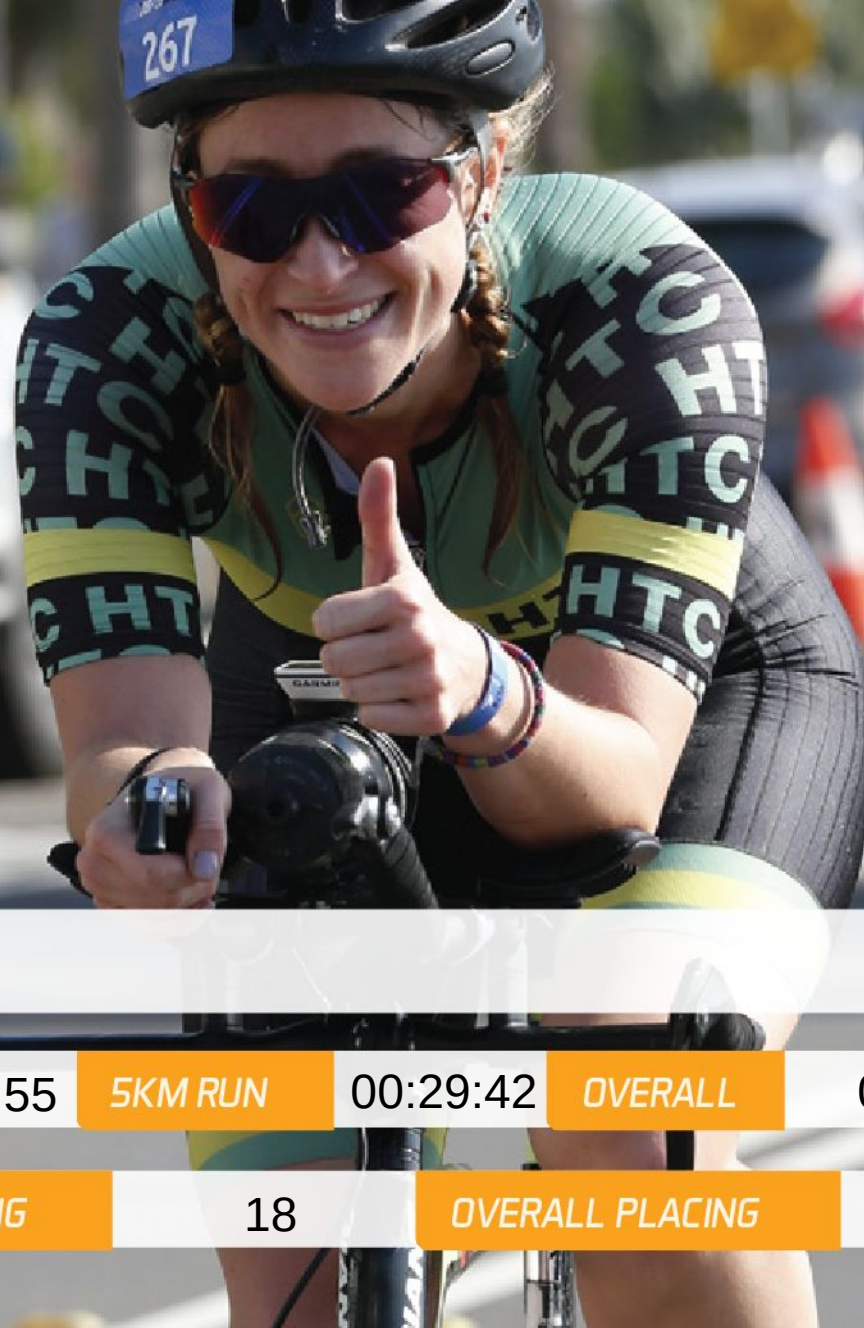




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Tim CREAN

750M SWIM

00:15:24

20KM BIKE

00:41:55

5KM RUN

00:29:42

OVERALL

01:33:26

CATEGORY

35-39

CATEGORY PLACING

18

OVERALL PLACING

265

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish