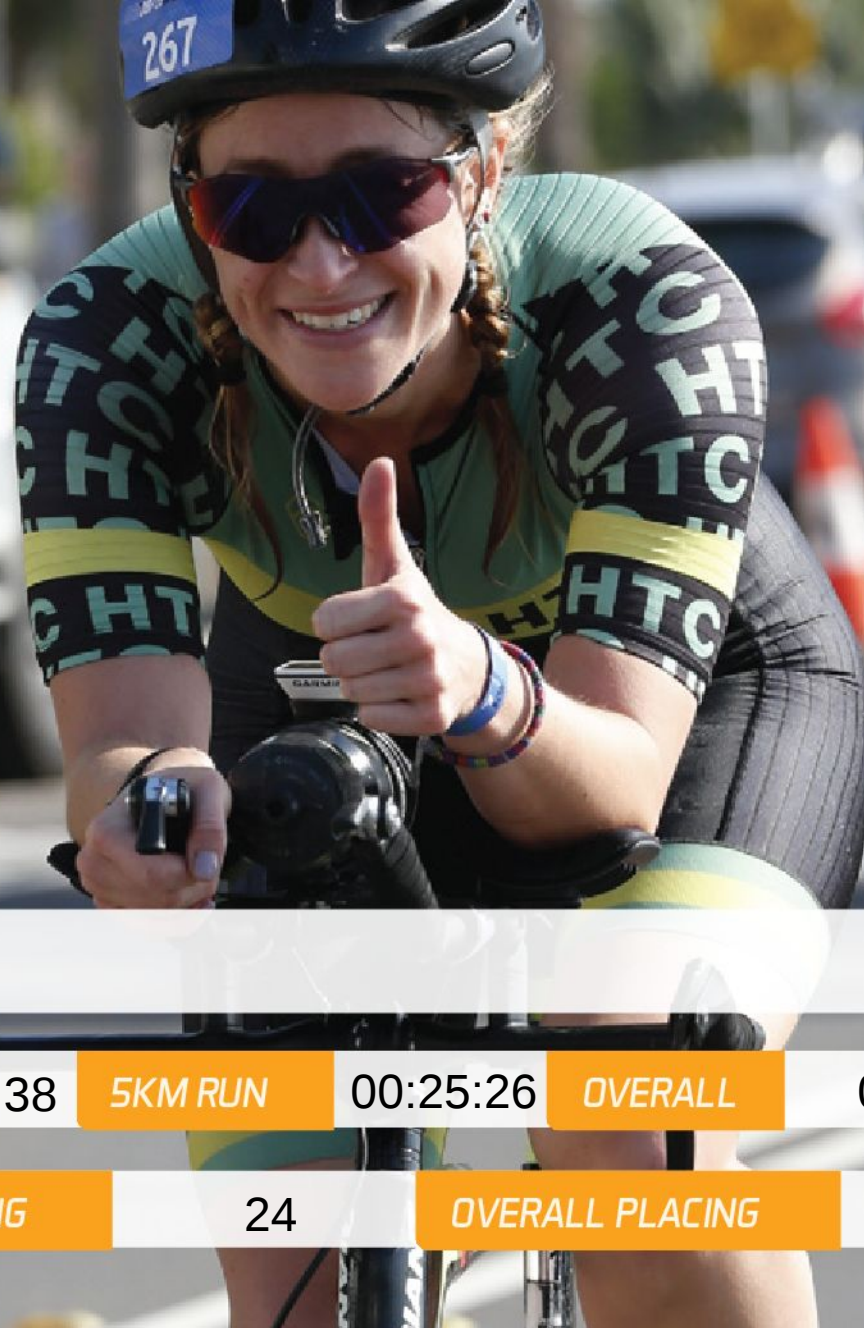




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Jack DERWIN

750M SWIM

00:17:46

20KM BIKE

00:37:38

5KM RUN

00:25:26

OVERALL

01:26:18

CATEGORY

25-29

CATEGORY PLACING

24

OVERALL PLACING

153

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B
Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish