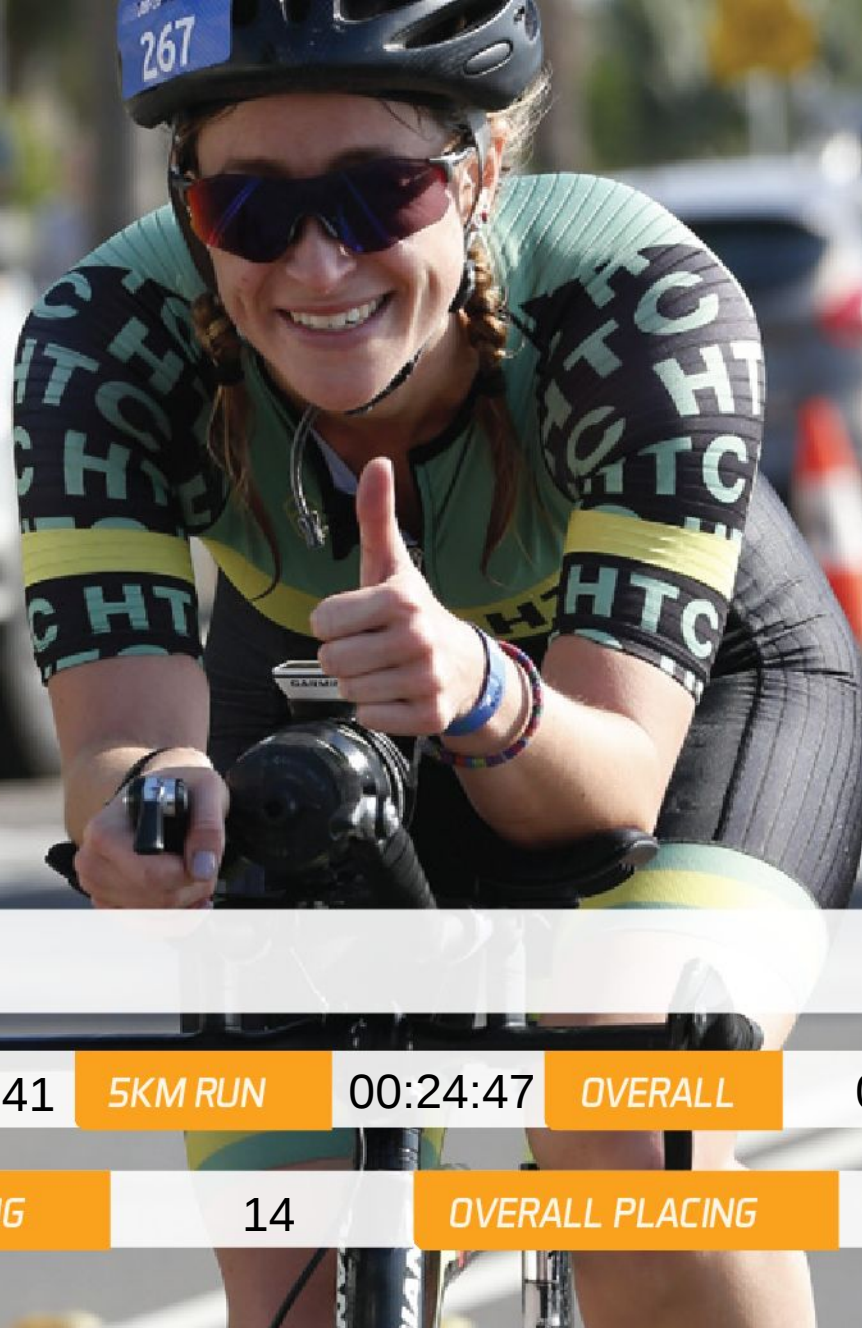




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Jared ELASI

750M SWIM

00:13:37

20KM BIKE

00:38:41

5KM RUN

00:24:47

OVERALL

01:22:34

CATEGORY

25-29

CATEGORY PLACING

14

OVERALL PLACING

95

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish