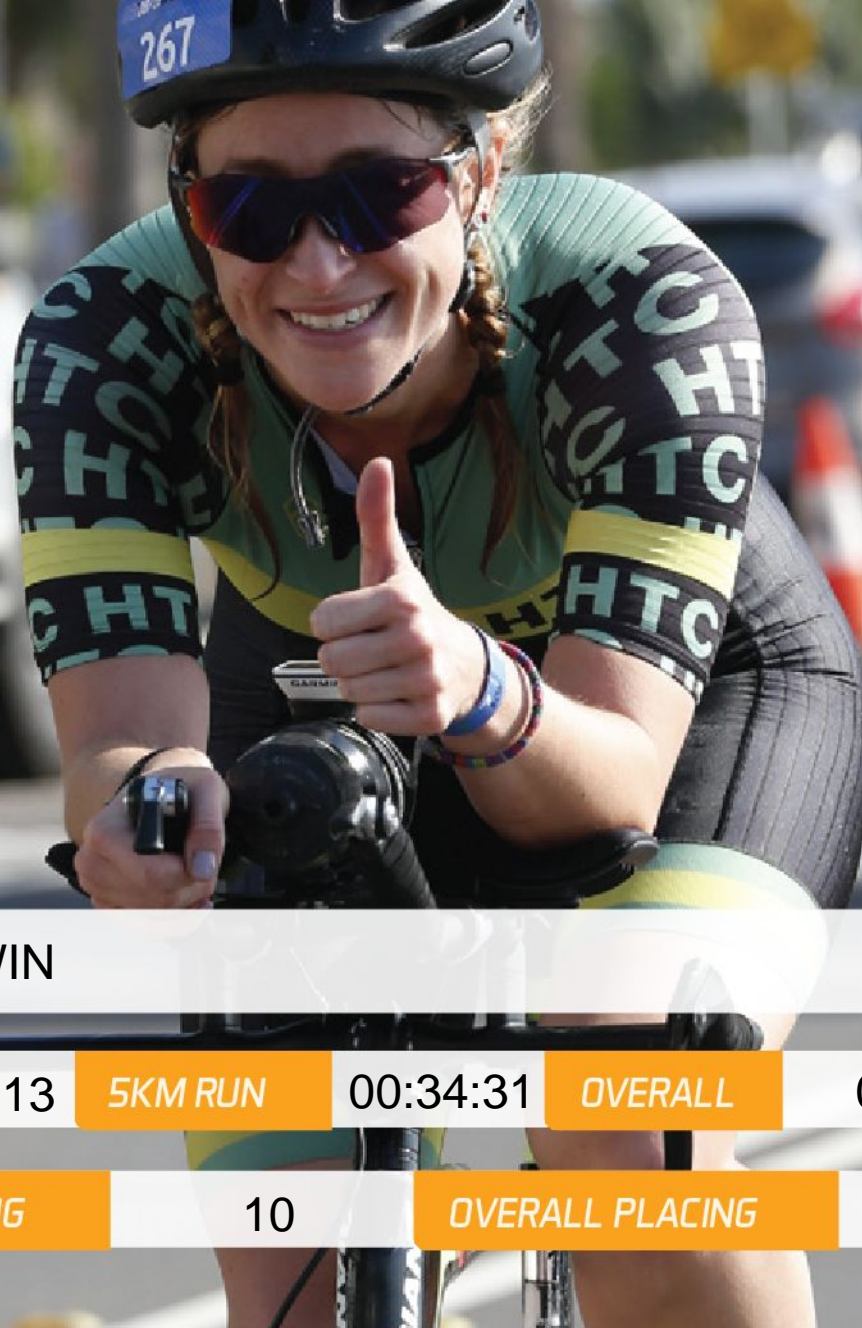




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Grayson GOODWIN

750M SWIM

00:21:00

20KM BIKE

00:42:13

5KM RUN

00:34:31

OVERALL

01:45:39

CATEGORY

RYM

CATEGORY PLACING

10

OVERALL PLACING

413

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

McDonald's  
i'm lovin' it™

KIND

soto  
CRAFTING INSPIRATION

catfish