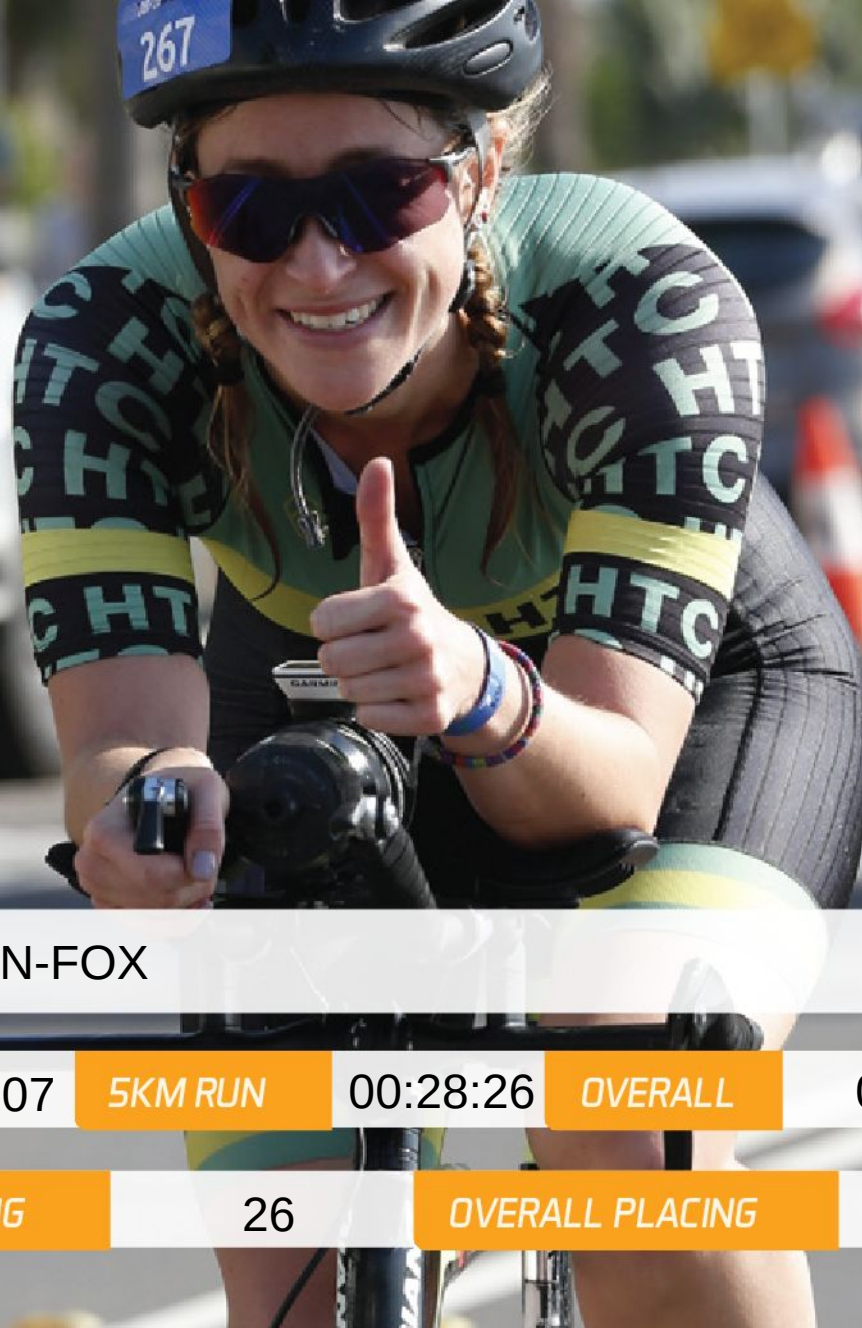




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Charlie HAMILTON-FOX

750M SWIM

00:15:51

20KM BIKE

00:37:07

5KM RUN

00:28:26

OVERALL

01:26:47

CATEGORY

25-29

CATEGORY PLACING

26

OVERALL PLACING

162

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish