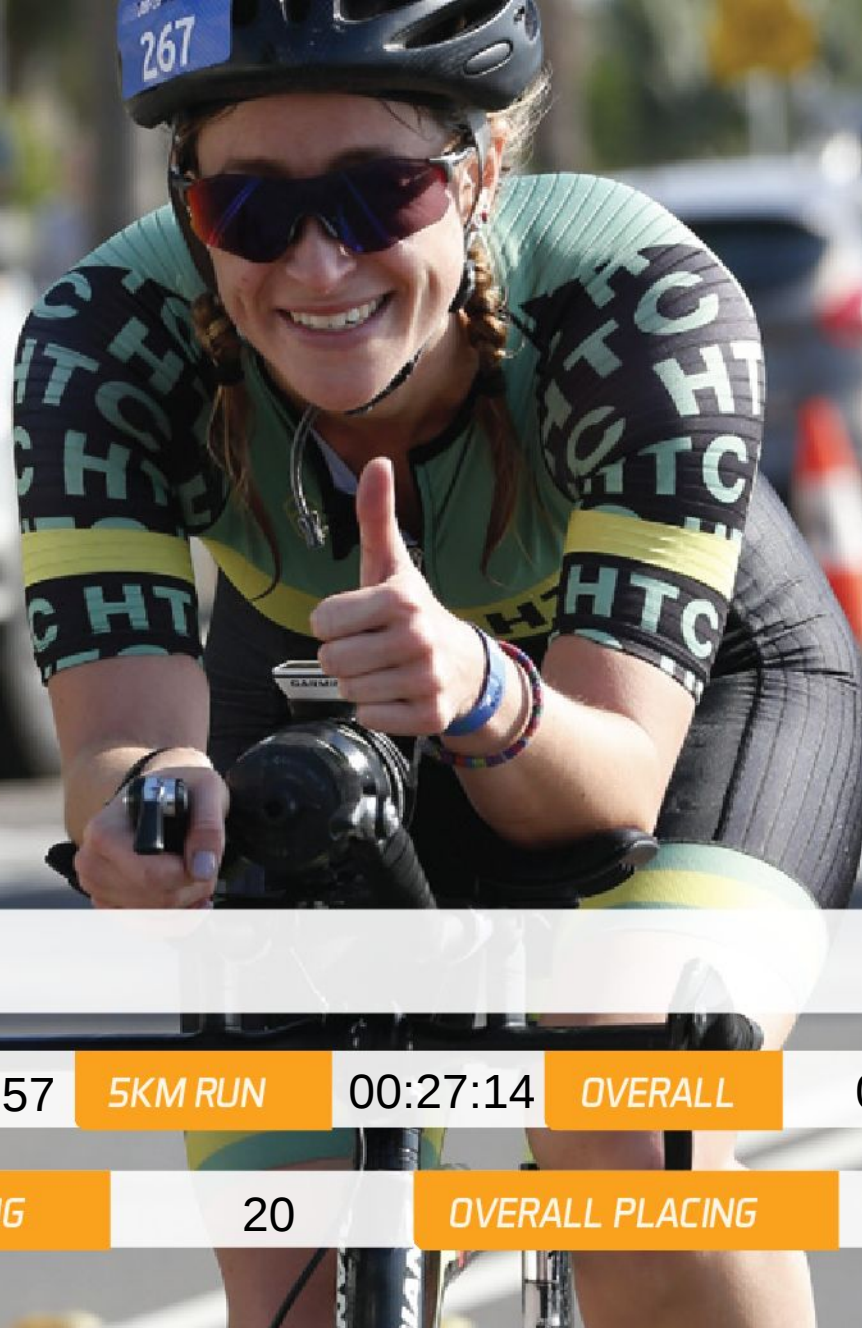




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Jamie HENDLEY

750M SWIM	00:16:42	20KM BIKE	00:39:57	5KM RUN	00:27:14	OVERALL	01:31:27
-----------	----------	-----------	----------	---------	----------	---------	----------

CATEGORY	20-24	CATEGORY PLACING	20	OVERALL PLACING	233
----------	-------	------------------	----	-----------------	-----

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish