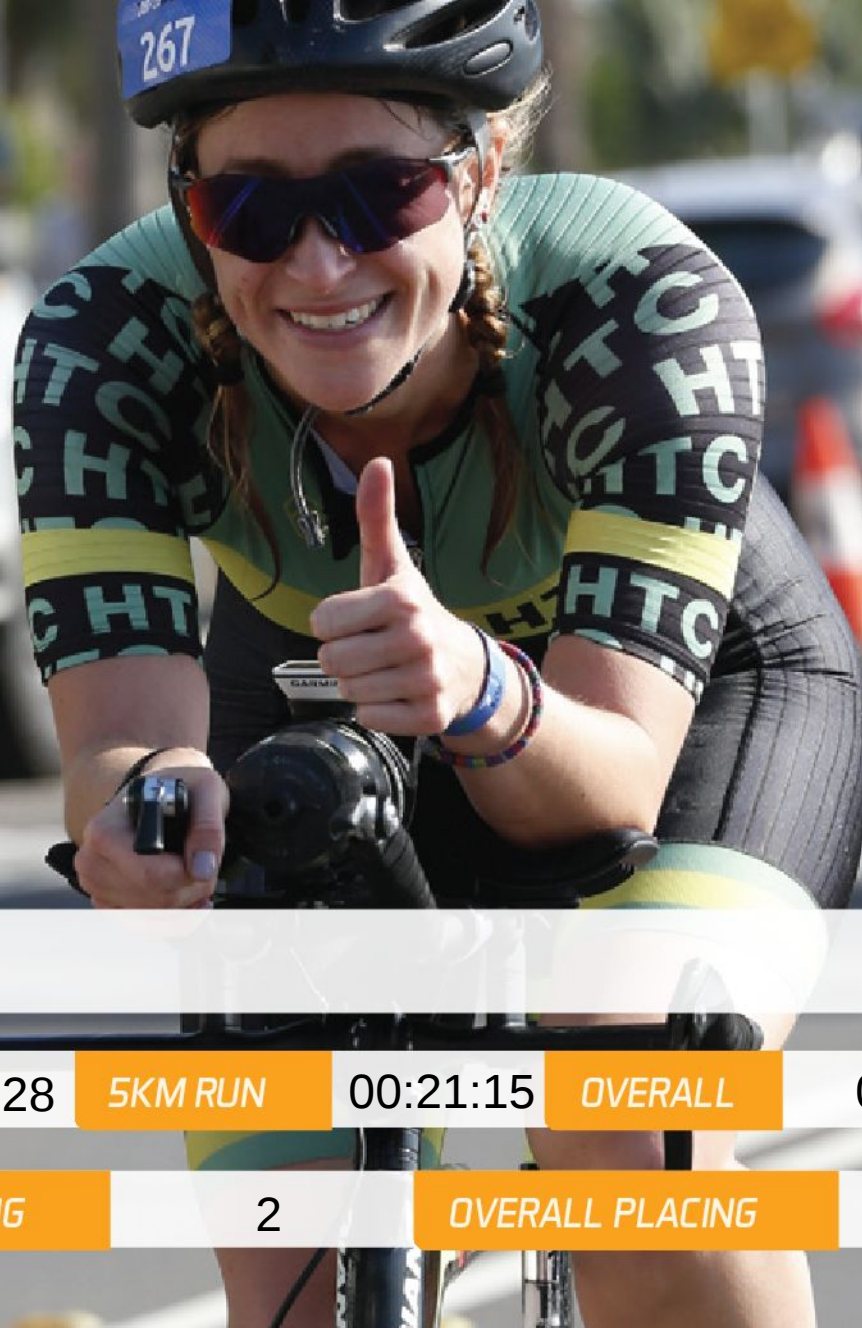




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Jay KENNEDY

750M SWIM	00:14:02	20KM BIKE	00:33:28	5KM RUN	00:21:15	OVERALL	01:13:27
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CATEGORY	40-44	CATEGORY PLACING	2	OVERALL PLACING	20
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POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

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ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
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KIND

soto
Coughing required

>>>>>
catfish