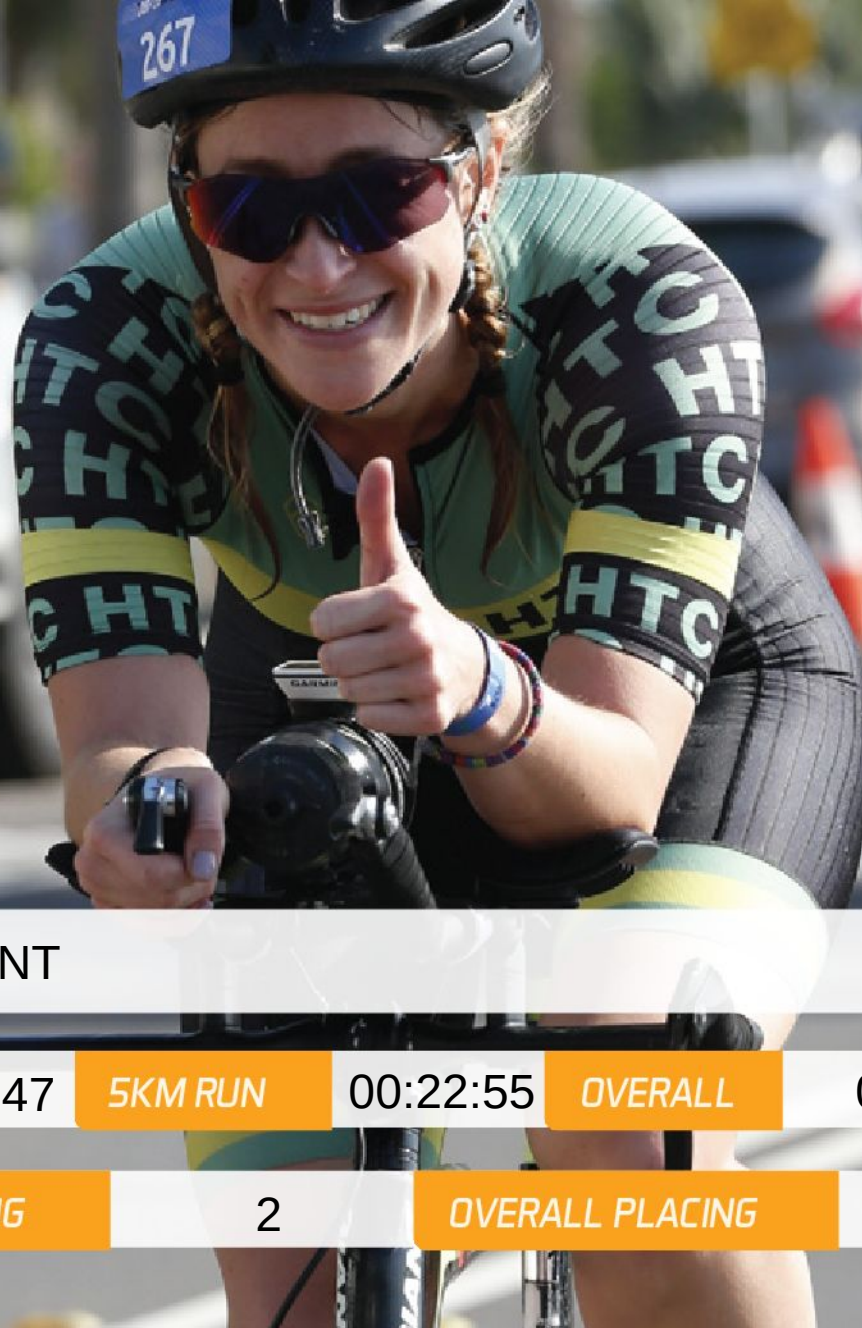




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Joshua MERCHANT

750M SWIM

00:14:24

20KM BIKE

00:30:47

5KM RUN

00:22:55

OVERALL

01:12:31

CATEGORY

25-29

CATEGORY PLACING

2

OVERALL PLACING

18

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B
Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish