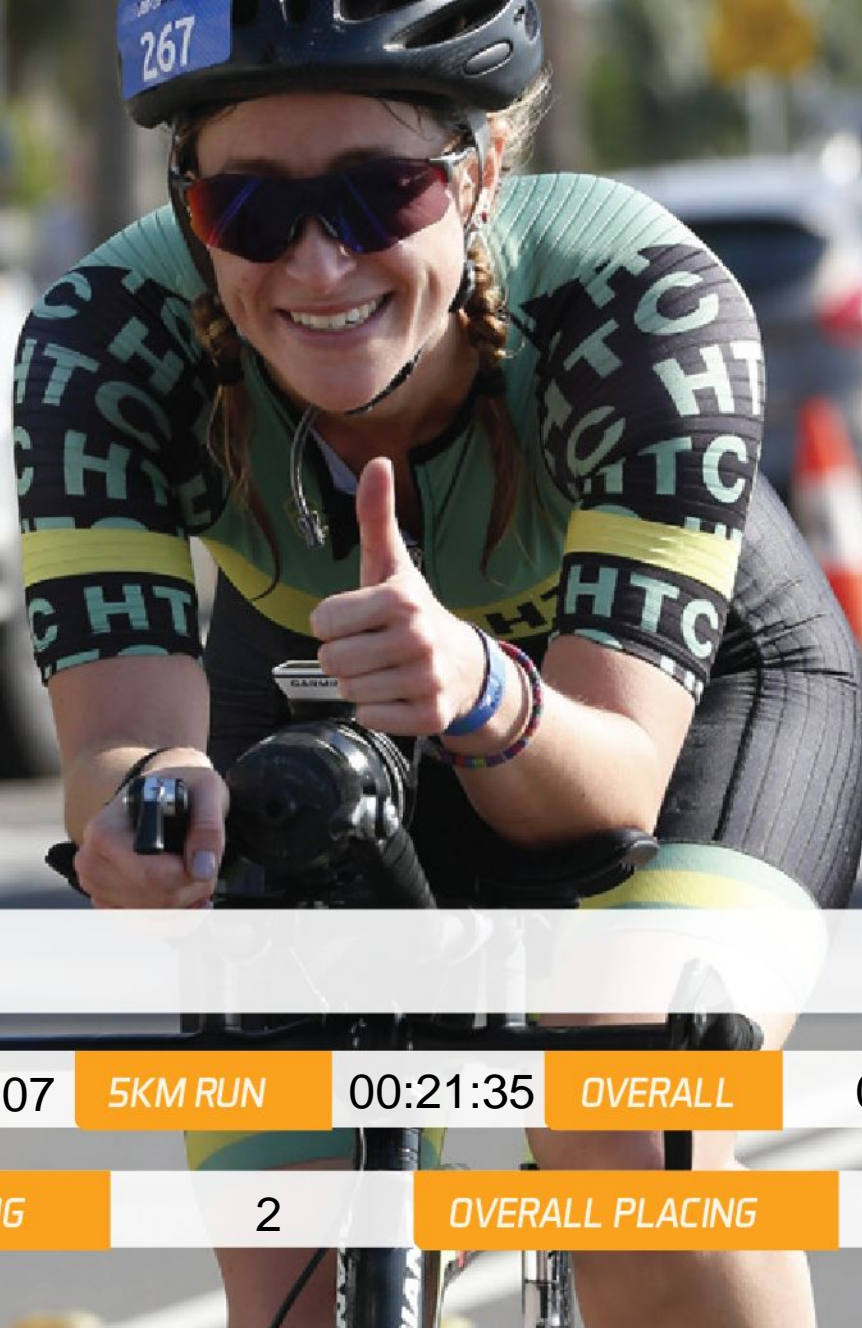




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Team NEATE

750M SWIM

00:11:41

20KM BIKE

00:52:07

5KM RUN

00:21:35

OVERALL

01:29:53

CATEGORY

Relay

CATEGORY PLACING

2

OVERALL PLACING

3

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish