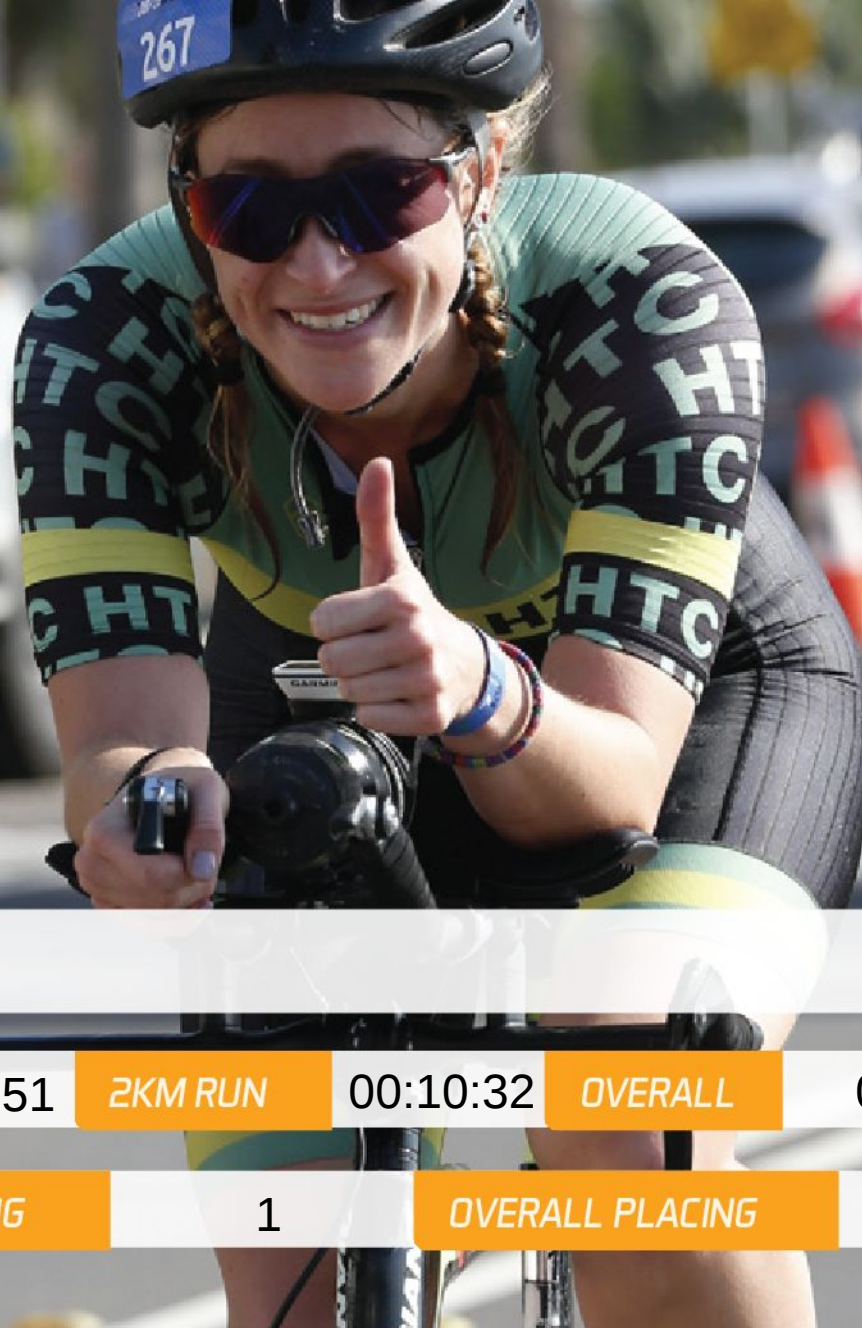




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Sophie DIXON

200M SWIM

00:05:46

10KM BIKE

00:20:51

2KM RUN

00:10:32

OVERALL

00:43:08

CATEGORY

20-29

CATEGORY PLACING

1

OVERALL PLACING

31

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish