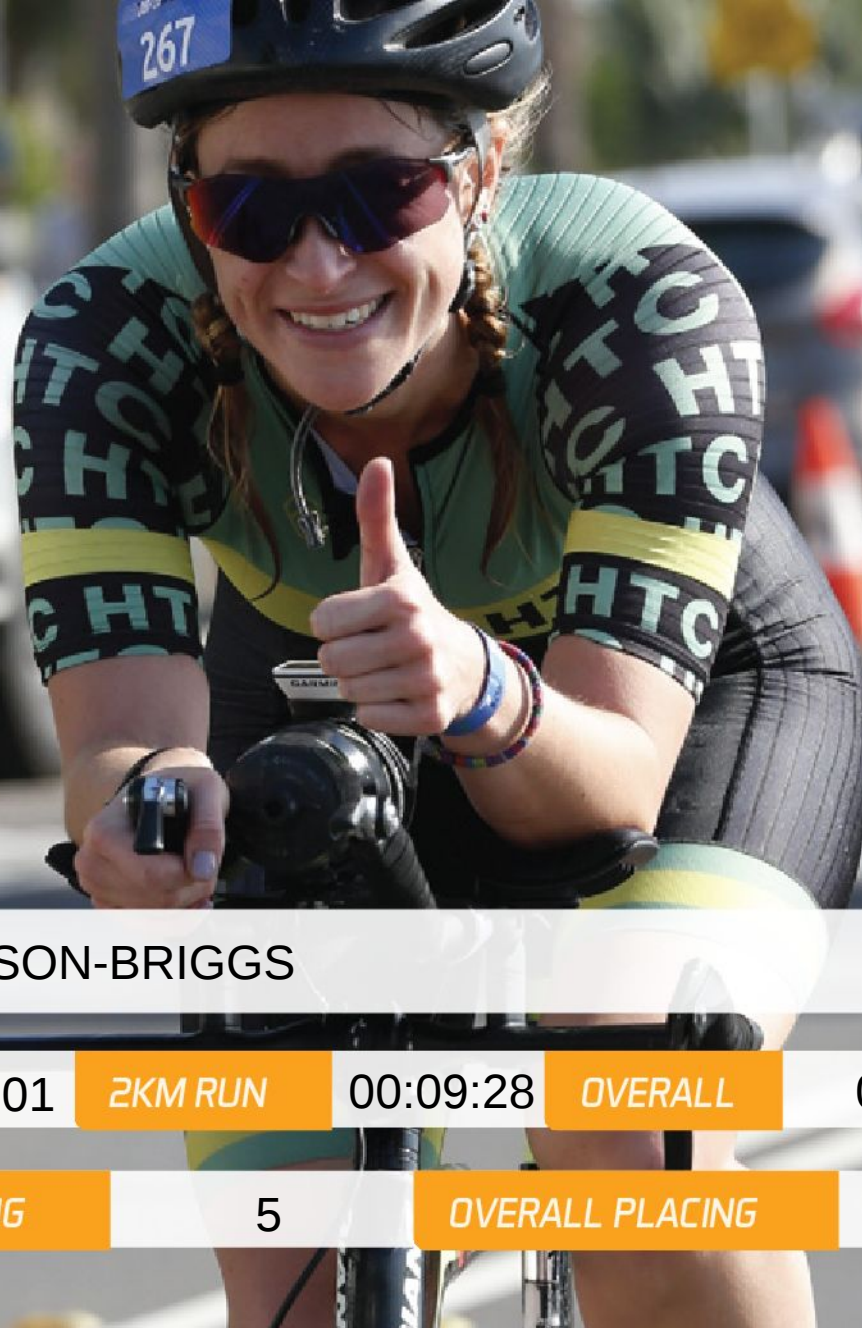




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Manon GUNDERSON-BRIGGS

200M SWIM	00:06:23	10KM BIKE	00:24:01	2KM RUN	00:09:28	OVERALL	00:45:55
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CATEGORY	20-29	CATEGORY PLACING	5	OVERALL PLACING	44
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POWERADE.

Destination
WOLLONGONG

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PB Traffic
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living

catfish