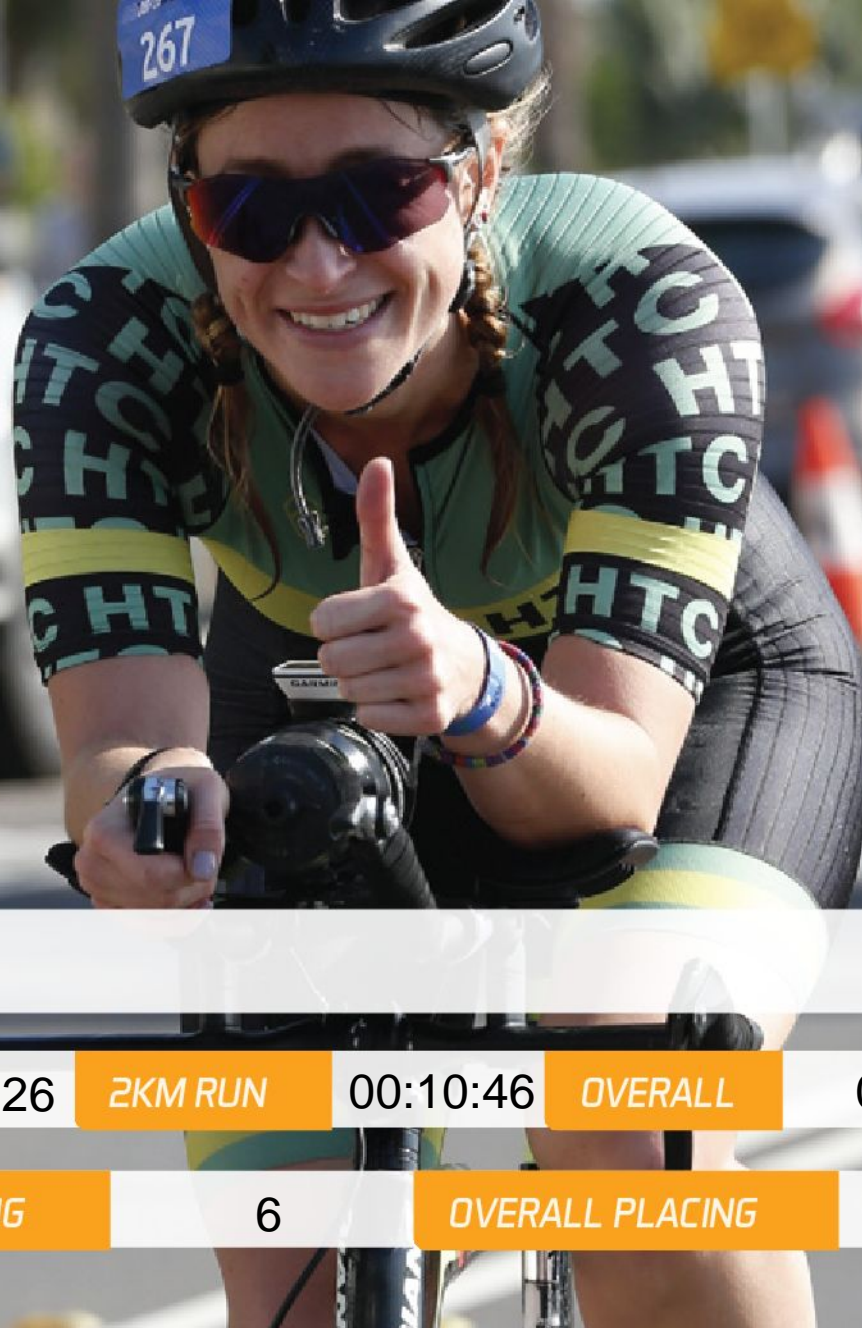




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SUPER SPRINT

Jason HENRY

200M SWIM	00:05:01	10KM BIKE	00:22:26	2KM RUN	00:10:46	OVERALL	00:44:18
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CATEGORY	20-29	CATEGORY PLACING	6	OVERALL PLACING	36
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POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

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ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

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i'm lovin' it™

KIND

soto  
sustainable

catfish