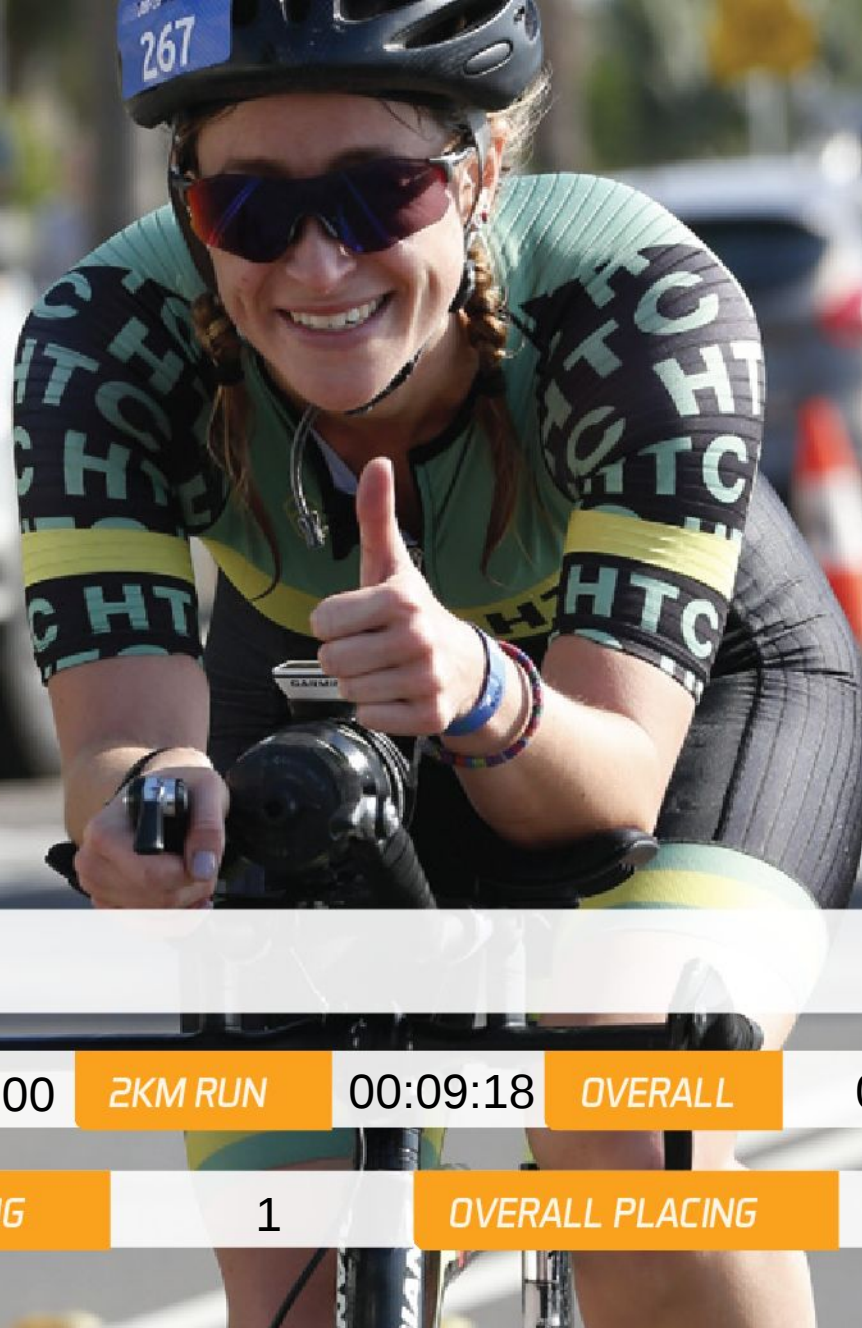




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Team KWIK

200M SWIM

00:05:24

10KM BIKE

00:21:00

2KM RUN

00:09:18

OVERALL

00:41:22

CATEGORY

Relay

CATEGORY PLACING

1

OVERALL PLACING

1

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
sustainable design

catfish