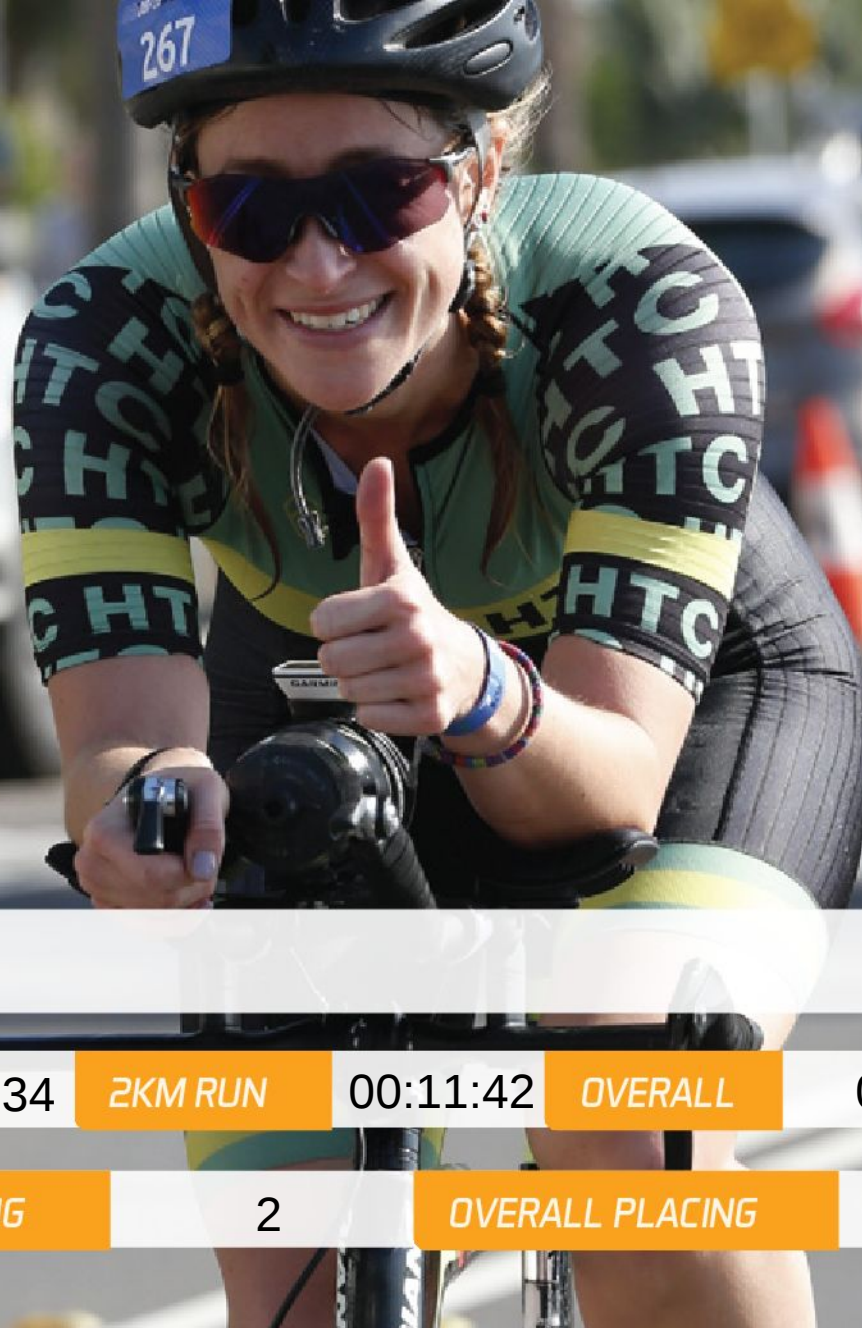




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Amy BYRNE

200M SWIM

00:07:09

10KM BIKE

00:25:34

2KM RUN

00:11:42

OVERALL

00:51:38

CATEGORY

40-49

CATEGORY PLACING

2

OVERALL PLACING

22

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

McDonald's
i'm lovin' it™

KIND

soto
everything is possible

catfish