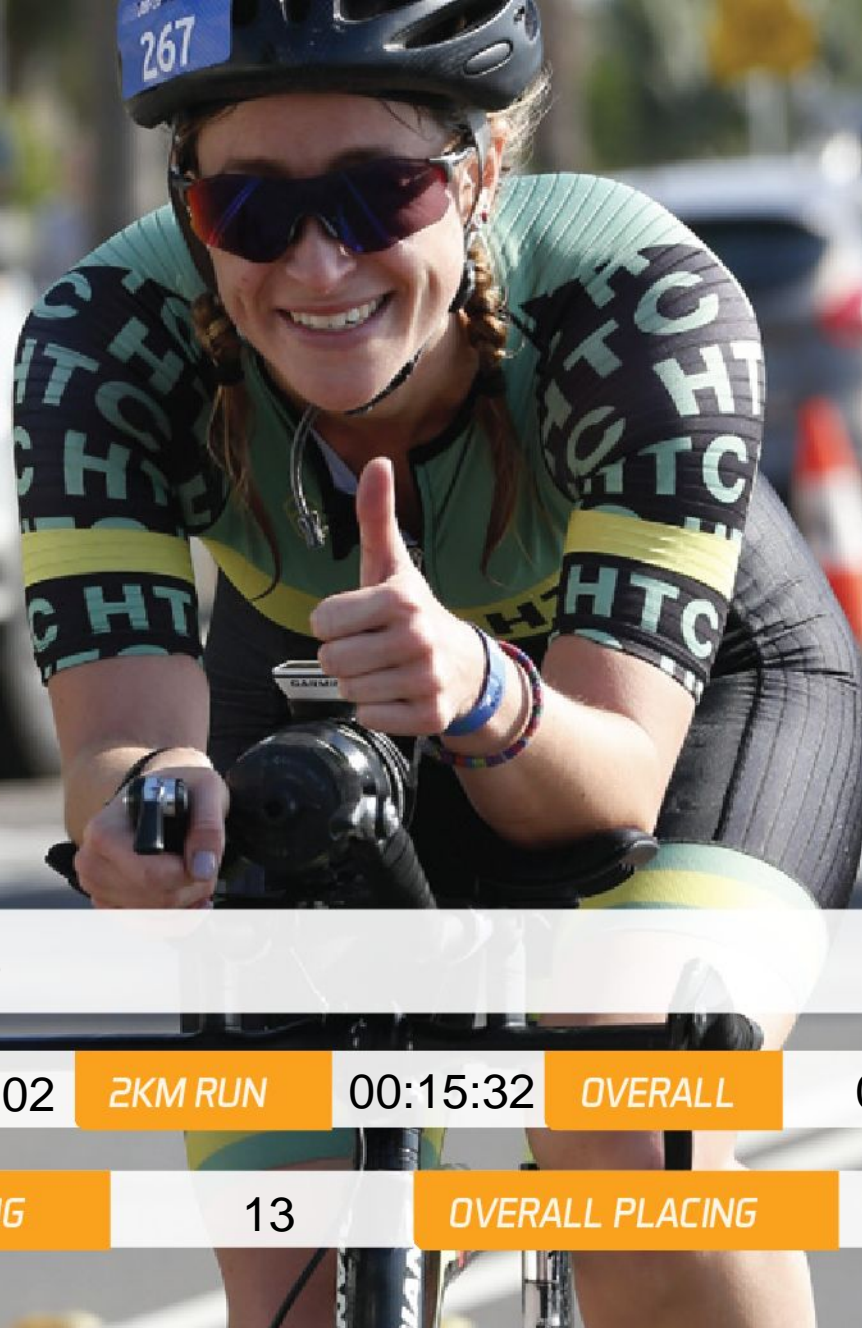




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Morgan HUGHES

200M SWIM

00:09:04

10KM BIKE

00:29:02

2KM RUN

00:15:32

OVERALL

01:02:42

CATEGORY

20-29

CATEGORY PLACING

13

OVERALL PLACING

44

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

McDonald's
i'm lovin' it™

KIND

soto
everything is possible

catfish