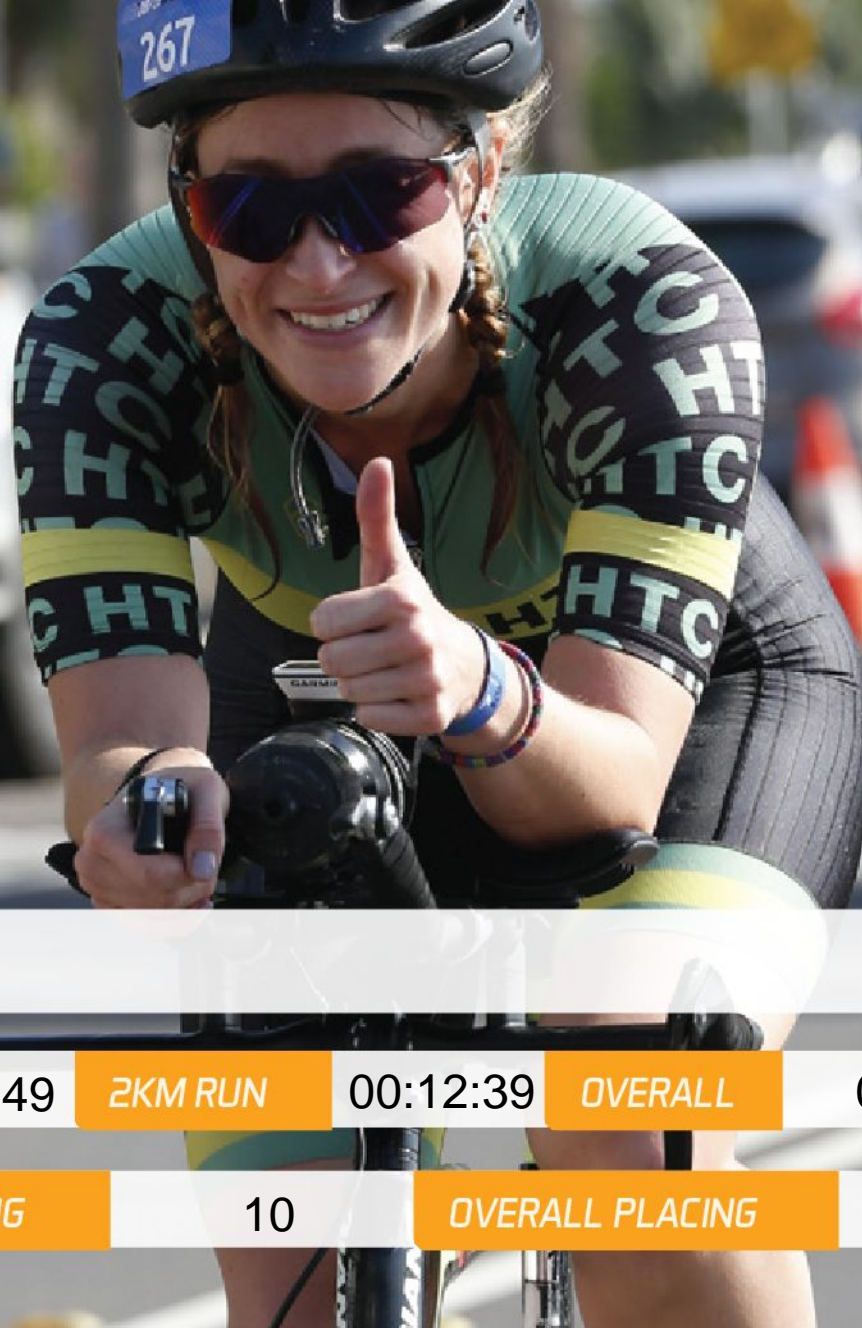




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Shreya MANGAL

200M SWIM

00:08:56

10KM BIKE

00:28:49

2KM RUN

00:12:39

OVERALL

00:58:13

CATEGORY

20-29

CATEGORY PLACING

10

OVERALL PLACING

36

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

Mc
i'm lovin' it™

KIND

soto
everything required

>>>>>
catfish