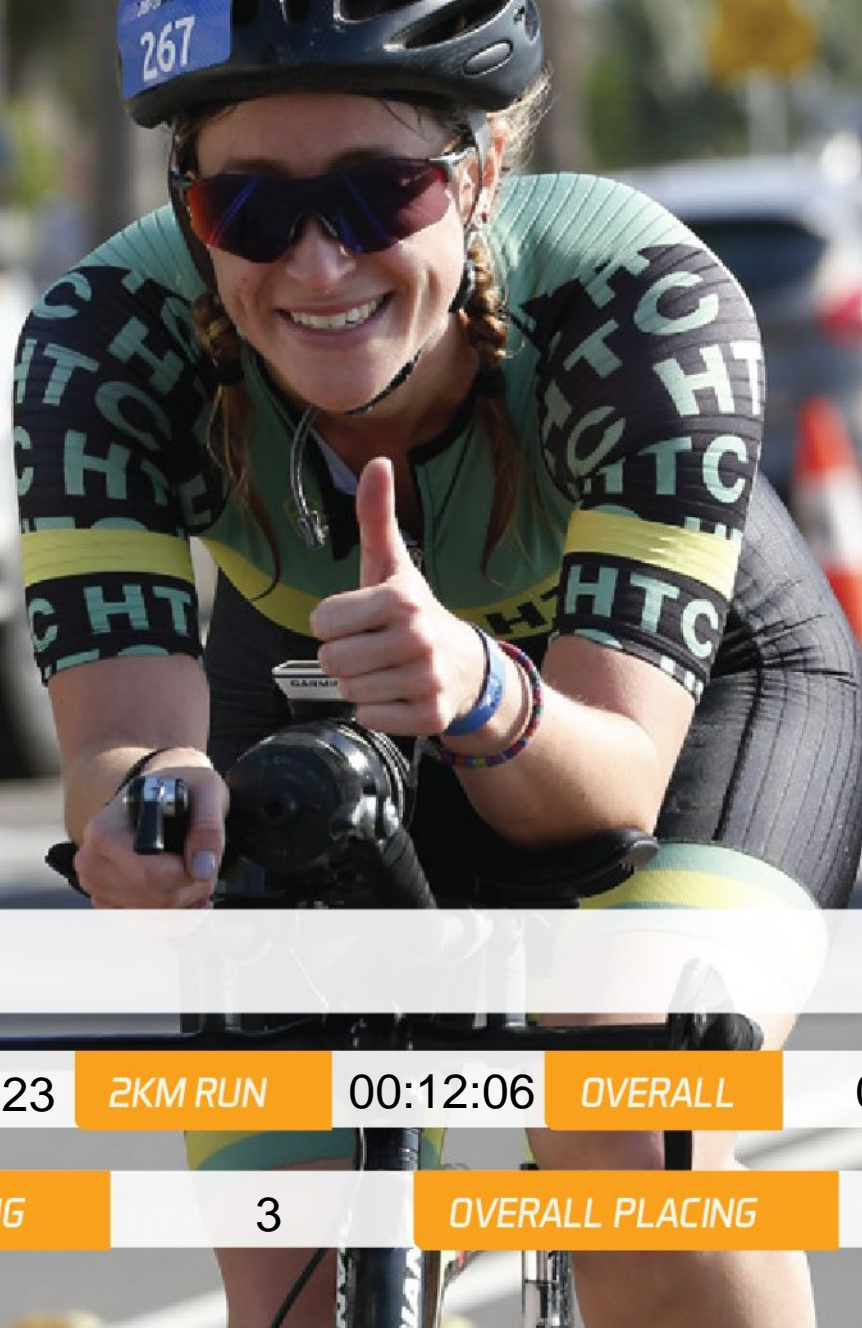




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

John NICHOL

200M SWIM	00:08:13	10KM BIKE	00:23:23	2KM RUN	00:12:06	OVERALL	00:50:18
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CATEGORY	30-39	CATEGORY PLACING	3	OVERALL PLACING	20
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POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

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ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

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KIND

soto
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catfish