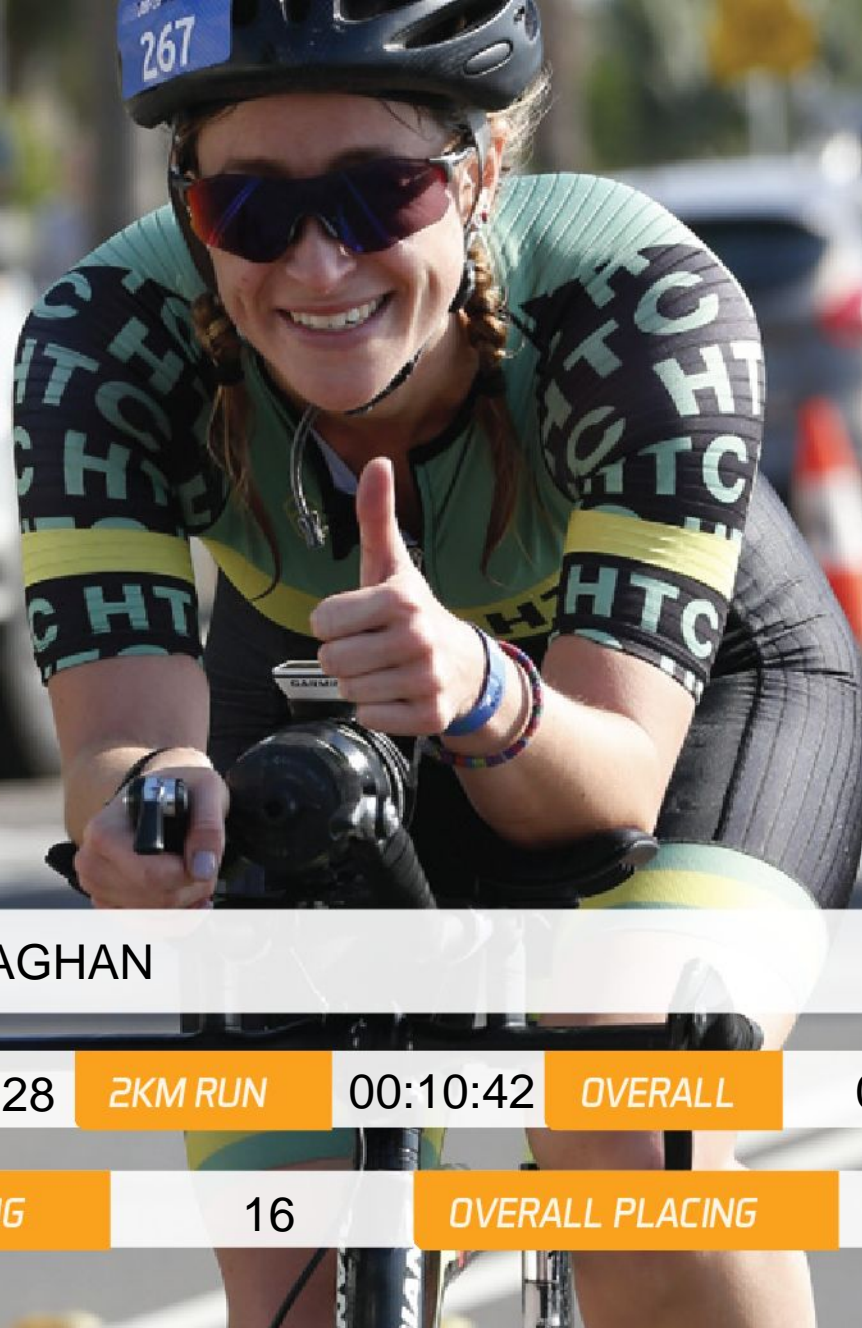




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Shannon OCALLAGHAN

| | | | | | | | |
|-----------|----------|-----------|----------|---------|----------|---------|----------|
| 200M SWIM | 00:08:45 | 10KM BIKE | 00:32:28 | 2KM RUN | 00:10:42 | OVERALL | 01:15:31 |
|-----------|----------|-----------|----------|---------|----------|---------|----------|

| | | | | | |
|----------|-------|------------------|----|-----------------|----|
| CATEGORY | 20-29 | CATEGORY PLACING | 16 | OVERALL PLACING | 53 |
|----------|-------|------------------|----|-----------------|----|

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

Mc
i'm lovin' it™

KIND

soto
everything required

catfish