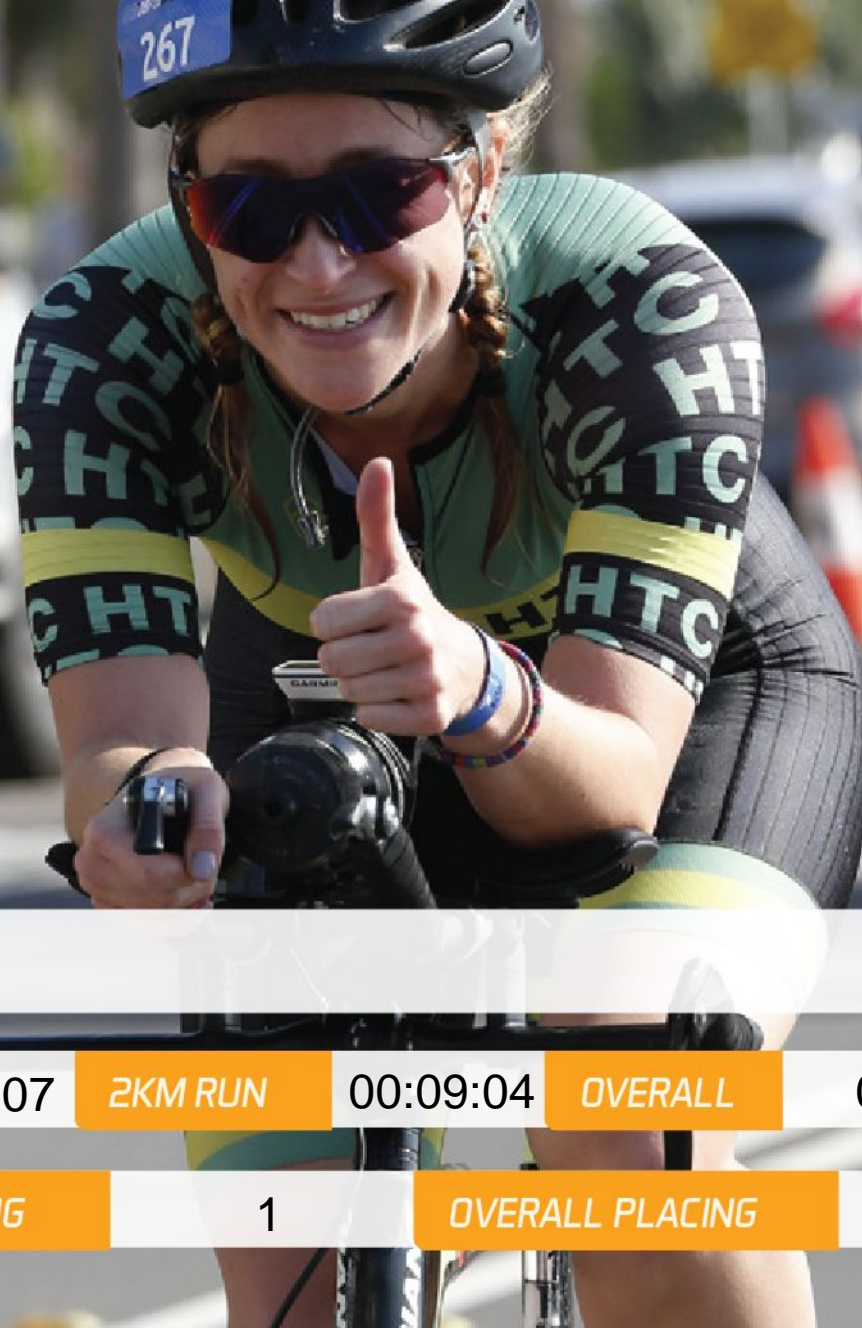




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## TRY A TRI

Zak ROUSE

200M SWIM	00:04:50	10KM BIKE	00:14:07	2KM RUN	00:09:04	OVERALL	00:32:41
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CATEGORY	20-29	CATEGORY PLACING	1	OVERALL PLACING	1
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POWERADE

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEVS

McDonald's  
i'm lovin' it™

KIND

soto  
everything is possible

catfish